UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SPRING/ 2015

COURSE NUMBER NUR 3065C

COURSE TITLE Comprehensive Health Assessment

CREDITS 03 (2.5 credits didactic; 0.5 credit laboratory)

PLACEMENT BSN Program: RN to BSN Track

PREREQUISITE Admission to RN-BSN Track

COREQUISITE None

# FACULTY Jane Gannon, DNP, CNM, CNL

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Office hours: Monday 1 pm-3 pm

COURSE DESCRIPTION The purpose of this course is to examine comprehensive health assessment principles and techniques. Emphasis is on the principles of assessment of health status of individuals across the lifespan and therapeutic communication. Focus is on development and use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and health promotion practices of individuals, and a focused family health history.
2. Utilize therapeutic communication techniques in obtaining a comprehensive health history and physical examination.
3. Identify cultural, developmental, and functional variations in the health status of individuals across the lifespan.
4. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
5. Document health assessment data in accordance with legal and ethical guidelines.

COURSE SCHEDULE

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at   
<https://lss.at.ufl.edu/>. There are several tutorials and student help links on the E-Learning login   
site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly and frequently check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Problem solving process in nursing practice
2. Critical thinking and decision making
3. Assessment
   1. Overview
   2. Health history
   3. Functional Health Pattern assessment
   4. Developmental assessment
   5. Mental status assessment
   6. Physical examination
      1. Techniques
      2. System review
4. Communication of health assessment data
5. Collaboration with inter-professional healthcare team
6. Documentation

TEACHING METHODS

Online modules, online lectures, case studies, audiovisual materials

LEARNING ACTIVITIES:

Readings, written assignments, discussions, virtual patient assessment, online videos, and simulated laboratory experiences.

EVALUATION METHODS/COURSE GRADE CALCULATION

Online quizzes 20%

Virtual patient assignments 25%

Discussions 10%

Written assignments 15%

Final assessment 30%

100%

*Feedback on all graded assignments routinely is given within 10 working days of the due date.*

MAKE UP POLICY

Make-up assignments are given only for exceptional circumstances. Any request for an extension should be made at least >24 hours before the due date and time.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

REQUIRED TEXTS

Jarvis, C. (2012). *Physical examination and health assessment* (6th ed.)

St. Louis, MO: Saunders/Elsevier.

RECOMMENDED TEXTS

Jarvis, C. (2012). *Pocket companion for physical examination and health assessment* (6th ed.). St. Louis, MO: Saunders/Elsevier.

Students are required to purchase access to the Shadow Health Digital Clinical Experience at the following website. The cost is $89. The site’s virtual patient, “Tina” is used in learning activities throughout the course.

<https://app.shadowhealth.com/users/sign_in>

The Student Registration Pin Number is: January2015-7679-6835-8284-7205

WEEKLY CLASS SCHEDULE

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| DATE | TOPIC/EVALUATION | | | LEARNING ACTIVITIES  See course website for links and further description of assignments |
| MODULE 1: THE PROBLEM SOLVING PROCESS | | | | |
| Week 1  1/6-1/11\* | Course Introduction  Problem Solving Process/   1. Quiz 1 2. Discussion post on Voicethread (Introduce self) 3. Shadowhealth Digital Clinical Experience Orientation 4. Culturally competent nursing care online module (Submit certificate of completion by end of week 4)\* | | | 1. Jarvis, Chap 1, 2 2. Voicethreads:  “Welcome to the Course!” “Lecture 1: The Problem solving process”   *\*Unless otherwise noted, all assignments and evaluation components are due Sundays at 11:59 pm before the next content area starts.* |
| MODULE 2: HISTORY TAKING STRATEGIES | | | | |
| Week 2  1/12-1/18 | History Taking Strategies   1. Quiz 2 2. Discussion post on Voicethread (10 min) 3. Tina Jones Health History and post exam activities 4. Heritage assessment p. 18 of textbook | | | 1. Jarvis, Chap 3, 4 2. Voicethread: “The Histories” |
| MODULE 3: SPECIAL ASSESSMENTS, TECHNIQUES AND SKILLS | | | | |
| Week 3  1/20-1/25 | Special Assessments   1. Quiz 3 2. Discussion post on Voicethread | | | 1. Jarvis, Chap 7 2. Voicethread: “Collecting Sensitive Patient Information” 3. Required websites |
| Week 4  1/26-2/1 | Techniques and Skills   1. Quiz 4 2. Shadowhealth “Tina Jones Skills” and related activities 3. 3 page paper after viewing Lewis Blackman Story 4. Critique a recorded simulated IPV assessment on Voicethread 5. General Health Survey (Chap 9) on a colleague, pt or friend | | | 1. Jarvis, Chap 9 |
| Week 5  2/2-2/8 | | Skin, Hair and Nails   1. Quiz 5 2. Shadowhealth Tina Jones Skin, Hair and Nails Assignment and Post-Exam Activities 3. Self-exam of skin using Body Map Tool (link on course website) 4. Discussion post on Voicethread | | 1. Jarvis, Chap 12, 2. Jarvis student resources    1. animations, exam videos, cases    2. health promotion guide 3. Assigned websites |
| DATE | | | TOPIC/EVALUATION | LEARNING ACTIVITIES |
| MODULE 4: NURSING ASSESSMENT | | | | |
| Week 5  2/2-2/8 | | | Skin, Hair and Nails   1. Quiz 5 2. Shadowhealth Tina Jones Skin, Hair and Nails Assignment and Post-Exam Activities 3. Self-exam of skin using Body Map Tool (link on course website) 4. Discusson post on Voicethread | 1. Jarvis, Chap 12, 2. Jarvis student resources    1. animations, exam videos, cases    2. health promotion guide 3. Assigned websites |
| Week 6  2/9-2/15 | | | HEENT   1. Quiz 6 2. HEENT Assignment and post exam activities (Tina Jones) 3. Construct an SBAR based verbal report for Tina Jones data and report findings verbally using the recording tool in Canvas Mail | 1. Jarvis, Chap 13-16 2. Jarvis student resources    1. animations, exam videos, cases    2. health promotion guide |
| Week 7  2/16-22 | | | Pulmonary   1. Quiz 7 2. Shadowhealth    1. Respiratory Assignment and post exam activities (Tina Jones)    2. Focused Exam (Cough)    3. Construct an SBAR based verbal report for the Focused Exam (Cough) data and report findings verbally using the recording tool in Canvas Mail | 1. Jarvis Chap 18 2. Jarvis student resources    1. Lung sounds, animations, exam videos, cases    2. health promotion guide |
| Week 8  2/23-2/27 | | | Breasts and Lymph   1. Quiz 8 2. Debate the utility of BSE in cancer prevention by posting on the lecture voicethread 3. Complete the posted online case study, D.F. | 1. Jarvis Chap 17, 20 (p. 502-506) 2. Jarvis student resources    1. exam video, clinical reference, animations, cases    2. health promotion guide chap 17 |
| Week 9  3/2-3/8 | | | SPRING BREAK |  |
| Week 10  3/9-3/15 | | | Cardiovascular   1. Quiz 9 2. Shadowhealth    1. Cardiovascular Concept Lab    2. Cardiovascular Assignment & Post-Exam Activities (Tina Jones)    3. Construct an SBAR based verbal report- submit via Canvas recording | 1. Jarvis Chap 19, 20 2. Jarvis student resources    1. cardiovascular sounds and animations, exam video, cases    2. health promotion guide chap 19,20 |

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| DATE | TOPIC/EVALUATION | LEARNING ACTIVITIES |
| Week 11  3/16-3/22 | Abdomen   1. Quiz 10 2. Shadowhealth    1. Abdominal Concept Lab    2. Abdominal Assignment & Post-Exam Activities (Tina Jones) | 1. Jarvis Chap 21 2. Jarvis student resources    1. abdomen sounds and animations, exam video    2. case study review    3. health promotion guide |
| Week 12  3/23-29 | Genitourinary/Reproductive   1. Quiz 11 2. Debate the utility of TSE in cancer prevention by posting on the Voicethread 3. Complete case study J.D. | 1. Jarvis Chap 24, 25,26 2. Jarvis student resources    1. animations, exam videos    2. case Study review    3. health promotion guides chap 24, 25, 26 3. Voicethread “Teaching TSE: Does it Work?” |
| Week 13  3/30-4/5 | Musculoskeletal   1. Quiz 12 2. Shadowhealth: Musculoskeletal Assignment & Post-Exam Activities (Tina Jones) 3. Construct an SBAR based verbal report for Tina Jones data and report findings verbally using the recording tool in Canvas Mail | 1. Jarvis Chap 22 2. Jarvis student resources    1. animations, exam videos    2. health promotion guide |
| Week 14  4/6-4/12 | Neuro   1. Quiz 13 2. Shadowhealth- Neurological Assignment & Post-Exam Activities (Tina Jones) | 1. Jarvis Chap 5,9,23 2. Jarvis student resources    1. Health Promotion Guide Chapter 23    2. Quick Assessment for Common Conditions (Alzheimer’s) Chapter 9    3. Exam Video Chapter 23    4. Case study review Chapter 23 |
| Week 15  4/13-4/19 | Mental Status   1. Complete Quiz 14 which is based on the assigned readings 2. Shadowhealth- Neurological Assignment & Post-Exam Activities (Tina Jones) 3. Post on the Voicethread “When is a Headache Not Just a Headache? | 1. Jarvis Chap 5 2. Jarvis student resources    1. Health Promotion Guide Chapter 5    2. Case study review Chapter 5 3. Voicethread “When is a Headache Not Just a Headache? |
| MODULE 5: INTEGRATION | | |
| Week 16  4/20-26 | Integration   1. Quiz 15 2. Discharge Assignment (Tina Jones) 3. Post on the Voicethread | 1. Jarvis Chap 27 2. Voicethread: “Putting it all Together” |
| DATE | TOPIC/EVALUATION | LEARNING ACTIVITIES |
| Week 17  4/27 | Comprehensive Assessment Tina Jones (Available ONLY between 8 am and noon. |  |

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

Academic Honesty

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

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| Approved:  Academic Affairs Committee: 9/14  General Faculty: 9/14  UF Curriculum Committee: 10/14 |