UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER 2015

COURSE NUMBER NUR 3069C

COURSE TITLE Health Assessment and Communication

CREDITS 3 (2 credits didactic; 1 credit laboratory)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITE Admission to Upper Division BSN Program

COREQUISITE NUR 3129 Pathophysiology and Psychopathology

NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

FACULTY Karen S. Reed, MSN, DHSc, RN, CNL, CRRN

Clinical Assistant Professor of Nursing

Office: HPNP 3228

Office Hours: Thursdays 1P-3P

COURSE DESCRIPTION This purpose of this course is to examine therapeutic communication and health assessment principles and techniques. Emphasis is on development of therapeutic communication skills and assessment of the health of individuals across the lifespan. Focus is on development of therapeutic relationships and the use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Utilize therapeutic communication techniques within the nurse-client relationship.
2. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
3. Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.
4. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
5. Document health assessment data in accordance with legal and ethical guidelines.
6. Identify principles used in electronic recording of patient care information.

COURSE SCHEDULE

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Communication across the lifespan
   1. Active listening
   2. Empathy
   3. Silence
   4. Touch
   5. Paraphrasing
   6. Clarifying
   7. Focusing
   8. Summarizing
   9. Self-disclosing
   10. Confronting
2. Problem solving process in nursing practice
3. Critical thinking and decision making
4. Assessment
   1. Overview
   2. Health history
   3. Functional Health Pattern assessment
   4. Developmental assessment
   5. Cultural assessment
   6. Mental status assessment
   7. Physical examination
      1. Techniques
      2. System review
5. Communication of health assessment data
6. Collaboration with interprofessional healthcare team
7. Electronic health records

TEACHING METHODS

Lecture, demonstration, and guided laboratory (NRC) practice sessions.

LEARNING ACTIVITIES

Reading assignments, online videos, return demonstrations, and simulated laboratory experiences.

Nursing Resource Center (NRC) Uniform

The dress code for the NRC consists of white pants and a navy top made of scrub or uniform material.  Ankle high socks/ stockings, and belts are required to all be white.  Shoes must be closed heel and toe, *nonporous (not canvas)*, and white or black.  A white lab coat is optional. Overall appearance must convey a professional image. Personal hygiene and grooming should be of a standard that ensures the safety and comfort of clients. Students must arrive to the NRC with all the required equipment necessary for scheduled NRC activities.

ROUTINE NRC LABORATORY SCHEDULE

Session 1: 8-9AM Groups 1-3 & 1-4

Session 2: 9:15-10:15AM Groups 1-5 & 1- 6

Session 3: 10:30-11:30AM Groups 1-1 & 1-2

Attendance is expected. Students may not swap assigned times.

ALTERED/ EXTENDED DAY NRC LABORATORY SCHEDULE

There are specific Fridays where the NRC class times are adjusted. Those altered times/ session assignments are noted in the weekly schedule. You are responsible for attending at the designated time. Students may not swap sessions.

OPEN LAB

The NRC Lab will be available on Fridays 12Noon- 4PM on official school days beginning 5/15/2015. Students must reserve a time using the Canvas schedule tool. This is a time for students to practice physical assessment skills with minimal supervision. It does not replace assigned class time. The availability of open lab slots will be modified on three Fridays due to the NUR 3069C schedule.

EVALUATION METHODS/COURSE GRADE CALCULATION

NRC Attendance 10%

Shadow Health Activities #1-7 7%

Shadow Health Activity #8 3%

Exams (4) 80%

TOTAL: 100%

MAKE UP POLICY

Alternative or make up activities will be only made available in the event faculty member is notified prior to the missed event. Excused absences are limited to personal illness or a death in the immediate family. The faculty member will request documentation supporting absence be presented. Work, family events, vacation related activities that cause a missed assignment, missed exam or missed attendance in the simulated lab are not excused absences.

Missed Shadow Health Activities

These activities can be made up for half credit, if completed within 48 hours of the due date/ time. The activities are available to students well in advance of the date date/ time; therefore, there is no reason the activities should be late or missed.

Missed NRC Session

1. If you have an excused absence, you will receive your attendance credit after attending a makeup NRC session scheduled by the faculty member. Typically, the makeup session will be on Fridays 4-5PM.
2. If you have an unexcused absence, you will not receive your attendance credit; however, you are still responsible for attending a makeup NRC session with the faculty member.

Missed Exams

1. If you have an excused absence, you may make up a maximum of one missed exam. The makeup exam will be scheduled during finals week; exact location and date/ time of exam is TBA at availability of instructor and secured testing area.
2. If you have an excused absence and you should miss more than one exam, the grades for the other three exams will equal 80% of the grade. You may not make up more than one exam.
3. If you have an unexcused absence, the grade for that exam is 0%.

GRADING SCALE/QUALITY POINTS

|  |  |  |
| --- | --- | --- |
| A | 95-100 | (4.0) |
| A- | 93-94 | (3.67) |
| B+ | 91-92 | (3.33) |
| B | 84-90 | (3.0) |
| B- | 82-83 | (2.67) |
| C+ | 80-81 | (2.33) |
| C | 74-79\* | (2.0) |
| C- | 72-73 | (1.67) |
| D+ | 70-71 | (1.33) |
| D | 64-69 | (1.0) |
| D- | 62-63 | (0.67) |
| F | 61 or below | (0.0) |

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

REQUIRED RESOURCE

Exam soft will be utilized in this course for the administration of examinations. Students will be instructed by faculty on how to access and pay for this required resource.

REQUIRED TEXTBOOKS

Ackley, B. & Ladwig, G.  (2013).  *Nursing diagnosis handbook:  An evidence-based guide to*   
*planning care* (10th ed.).  St. Louis:  Mosby/Elsevier.

Jarvis, C. (2015). *Physical examination and health assessment* (7th ed.)  St. Louis:

Saunders/Elsevier.

Jarvis, C. (2015). *Pocket companion for physical examination and health assessment* (7th ed.).

St. Louis: Saunders/Elsevier.

Potter, P. A. & Perry, A.G.  (2013).  Fundamentals of nursing (8th ed.).  St. Louis:   
            Mosby/Elsevier.      

Perry, A.G. & Potter, P.A. (2013). Clinical nursing skills and techniques. (8th ed.). St. Louis;

Mosby/ Elsevier

Shadow Health- All students are required to purchase access to the Shadow Health Digital

Clinical Experience. The cost is $99 and is separate from the book bundle. To register for Shadow Health, please visit [app.shadowhealth.com](http://app.shadowhealth.com/) and click "Register for a *Student Account." Then enter your May 2015 PIN to enroll and purchase access, PIN: May2015-2679-9327-9463-1428.*

WEEKLY CLASS SCHEDULE

|  |  |  |
| --- | --- | --- |
| **DATE** | **TOPIC/EVALUATION** | **NRC Session Focus** |
| May 11-15 | Course Introduction  Concepts of Problem Solving  General Survey  Pain Assessment  Communication  **Shadow Health Orientation** | May 15th: 8AM-11:30AM  General Survey  Pain Assessment |
| May 18-22 | Vital Signs  Skin, Hair and Nail Assessment  Cultural Competence  **Shadow Health Assignment #1:**  **Health History**  **Shadow Health Assignment #2:**  **Skin, Hair and Nails**  **Due 5/21 10PM** | May 22nd: 8AM-3PM  Vital Signs  Skin, Hair, and Nail Assessment  **NOTE: Extended Lab Day**  **Session 1: 8-10AM**  Groups 1-3 & 1-4  **Session 2: 10:15AM-12:15PM**  Groups 1-5 & 1-6  **Session 3: 1-3PM**  Groups 1-1 & 1-2 |
| May 25-29 | Nose, Mouth, Throat, Ears and Eye Assessment  **Shadow Health Assignment #3:**  **HEENT**  **Due 5/28 10PM**  **EXAM 1: May 27th 2-4PM** | May 29th: 8AM-3PM  Nose, Mouth, Throat, Ears, Eye Assessment  **NOTE: Extended Lab Day**  **Session 1: 8-10AM**  Groups 1-3 & 1-4  **Session 2: 10:15AM-12:15PM**  Groups 1-5 & 1-6  **Session 3: 1-3PM**  Groups 1-1 & 1-2 |
| June 1-5 | Pulmonary Assessment  **Shadow Health Assignment #4:**  **Respiratory**  **Due 6/4 10PM** | June 5th: 8AM-11:30AM  Pulmonary Assessment |
| June 8-13 | Cardiovascular Assessment  **Shadow Health Assignment #5:**  **Cardiovascular**  **Due 06/11 10PM** | June 12th: 8AM-11:30AM  Cardiovascular Assessment |
| June 15-19 | Abdominal Assessment  Genitourinary Assessment  **EXAM 2: June 17th 2-4PM** | June 18th: 1-4PM  Abdomen  **NOTE: Date & Time Change**  *Guest Lab Instructors:*  *Dr. Jane Houston &*  *Prof. Anita Stephens* |
| June 22-26 | *Summer Break! Have fun and stay safe!* | |
| June 29- July 3 | **Shadow Health Assignment #6:**  **Abdominal**  **Due 07/02 10PM** | July 3: No NRC  Independence Day Holiday |
| July 6-10 | Musculoskeletal Assessment  **Shadow Health Assignment #7:**  **Musculoskeletal**  **Due 07/09 10PM** | July 10th: 8AM-11:30AM  Musculoskeletal Assessment |
| July 13-17 | Neurological Assessment  **EXAM 3: July 15th 2-4PM** | July 17th: 8AM-3PM  Neurological Assessment  **NOTE: Extended Lab Day**  **Session 1: 8-10AM**  Groups 1-3 & 1-4  **Session 2: 10:15AM-12:15PM**  Groups 1-5 & 1-6  **Session 3: 1-3PM**  Groups 1-1 & 1-2 |
| July 20-24 | Pregnant Woman Assessment  Assessment of the Post-Partum Woman  Assessment of the Neonate | July 24th: 8AM-11:30AM  Pregnant Woman Assessment  Assessment of the Post-Partum Woman  Assessment of the Neonate  **NOTE: Adjusted Group Schedule**  **Session 1: 8-9:30**  Groups 1-1, 1-2, 1-3  **Session 2: 10-11:30AM**  Groups 1-4, 1-5, 1-6  *Guest Lab Instructor:*  *Prof. Anna Kelley, RN* |
| July 27-31 | Pediatric Assessment  Growth and Development | July 31st: 8AM-11:30AM  Pediatric Assessment  Growth and Development  **NOTE: Adjusted Group Schedule**  **Session 1: 8-9:30**  Groups 1-1, 1-2, 1-3  **Session 2: 10-11:30AM**  Groups 1-4, 1-5, 1-6  *Guest Lab Instructor:*  *Prof. Nancy Young, RN* |
| Aug 3-7 | **Shadow Health Assignment #8:**  **Comprehensive Assessment**  **Due 08/05 10PM (Note: A different due date than usual.)**  **Exam 4: August 5th 2:30-4:30PM (Note slightly different start time.)** | No NRC |

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

Academic Honesty

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

|  |  |  |
| --- | --- | --- |
| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 02/03, 12/03; 09/09; 02/14  02/03, 01/04; 09/09; 02/14  05/03; 10/09 |