UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2014

COURSE NUMBER NUR 3069C – Section 1185

COURSE TITLE Health Assessment and Communication

CREDITS 3 (2 credits didactic; 1 credit laboratory)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITE Admission to Upper Division BSN Program

COREQUISITE NUR 3129 Pathophysiology and Psychopathology

 NUR 3138 Systems of Care 1: Wellness Promotion & Illness Prevention

COURSE FACULTY OFFICE PHONE OFFICE HOURS

David J Derrico RN, MSN HPNP 352-273-6341 Tuesday 1130-1330

Clinical Assistant Professor 3202 cell 352-562-6305

derridj@ufl.edu Course Coordinator

Anna Hall Kelley, MSN, ARNP HPNP 352-273-6422 Tuesday 1300-1500

Clinical Assistant Professor 2221 cell 352-494-8053

alkelley@ufl.edu

Heidi Magyar, MSN, ARNP HPNP 352-895-8717 Monday 1130-1330

Clinical Assistant Professor 4219

hcrowe@ufl.edu

Nancy Young, RN, ARNP, CPNP HPNP 352-273-6403 Tuesday 1300-1500

Clinical Assistant Professor 2218

ngyoung@ufl.edu

NRC FACULTY

Michele Brimeyer, MSN, ARNP,WHNP-BC 352- 273-6397 Friday 1130-1330

Clinical Assistant Professor HPNP Pager: 888-980-3856

brimemm@ufl.edu 2204

 Cynthia Figueroa, PhD, ARNP, ANP-BC 352-273-6424 Thursday 1300-1500

Clinical Assistant Professor HPNP

cindiarn@ufl.edu 3239

Patsy Love, RN, MSN HPNP 352-273- by Appointment

Clinical Assistant Professor

DEPARTMENT CHAIR

Joyce Stechmiller, PhD, ACNP-BC, FAAN

Associate Professor HPNP 352 273-6394 by Appointment

Adult and Elderly Nursing 3230

stechjk@ufl.edu

COURSE DESCRIPTION

This purpose of this course is to examine therapeutic communication and health assessment principles and techniques. Emphasis is on development of therapeutic communication skills and assessment of the health of individuals across the lifespan. Focus is on development of therapeutic relationships and the use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Utilize therapeutic communication techniques within the nurse-client relationship.
2. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
3. Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.
4. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
5. Document health assessment data in accordance with legal and ethical guidelines.
6. Identify principles used in electronic recording of patient care information.

COURSE SCHEDULE

Day Time Component Room

Thursday 0830-1025 Lecture G101

Monday 0700-0950 or Lab NRC

(weeks 1-8 & 14-16) 1000-1250

Friday 1200-1450 or Lab NRC

(weeks 9-13) 1500-1750

Canvas is the course management system that you will use for this course.

Canvas is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the Canvas login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly and frequently check your Gatorlink account email for College and University wide information and the course Canvas site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

ATTENDANCE

Students are expected to be present for all scheduled clinical laboratory sessions. Students who have extraordinary circumstances preventing attendance should explain these circumstances to David Derrico **prior** to the scheduled clinical laboratory session. Communication by email is preferred. An effort will be made to accommodate **reasonable** requests. A grade penalty may be assigned for unexcused clinical laboratory absences.

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|  NRC Uniform – required for laboratory and simulation, consists of white pants and a navy top made of scrub or uniform material. Socks, stockings, and belts are required to all be white. Shoes must be closed heel and toe, nonporous, and primarily white. A white lab coat is optional. (if an NRC lecture is scheduled, rather than a lab, NRC uniform is not required) |
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|   |  Overall appearance must convey a professional image. Personal hygiene and grooming should be  of a standard that ensures the safety and comfort of clients. |
|  |   |
|  |  Students must arrive to the NRC with all the required equipment (e.g., stethoscope) necessary  |
|  |  for scheduled NRC activities. Activated cell phones and pagers must be turned off in the NRC. |

OPEN LAB

For students who desire or need additional practice time with skills, there will be open lab in the NRC on days and times TBA. See calendar for details.

ACCOMMODATIONS DUE TO DISABILITY

Each semester, students are responsible for requesting a memorandum from the Disability

Resource Center (<http://www.dso.ufl.edu/index.php/drc/>) to notify faculty of their requested individual accommodations. This should be done at the start of the semester.

COUNSELING AND MENTAL HEALTH SERVICES

Students may occasionally have personal issues that arise on the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with an instructor and to seek confidential assistance at the University of Florida Counseling Center, 352-392-1575, visit their web site for more information: <http://www.counseling.ufl.edu/cwc/>.

STUDENT HANDBOOK

Students are to refer to the College of Nursing Student Handbook for information about

College of Nursing policies, honor code, and professional behavior.

<http://nursing.ufl.edu/students/student-policies-and-handbooks/>

ACADEMIC HONESTY

The University of Florida Student Conduct and Honor Code may be found at http://www.dso.ufl.edu/index.php/sccr/process/student-conduct-honor-code/

TOPICAL OUTLINE

1. Communication across the lifespan
	1. Active listening
	2. Empathy
	3. Silence
	4. Touch
	5. Paraphrasing
	6. Clarifying
	7. Focusing
	8. Summarizing
	9. Self-disclosing
	10. Confronting
2. Problem solving process in nursing practice
3. Critical thinking and decision making
4. Assessment
	1. Overview
	2. Health history
	3. Functional Health Pattern assessment
	4. Developmental assessment
	5. Mental status assessment
	6. Physical examination
		1. Techniques
		2. System review
5. Communication of health assessment data
6. Collaboration with inter-professional healthcare team
7. Electronic Health Records

TEACHING METHODS

Lecture, demonstration, and guided laboratory practice sessions.

LEARNING ACTIVITIES:

Reading assignments, videos, return demonstrations, and simulated laboratory experiences.

EVALUATION METHODS/COURSE GRADE CALCULATION

Evaluation in this course is based on an average of numerical values from 4 objective exams, a satisfactory grade in clinical laboratory performance and integrated health exam demonstration. Exam scores are averaged and rounded to the nearest whole number to determine the final course grade.

* Final course grade is based on the exam average described below:

Exam #1 25%

Exam #2 25%

Exam #3 25%

Exam #4 25%

Total 100%

* Clinical Laboratory performance is graded:

S = Satisfactory U = Unsatisfactory

 The Clinical Laboratory performance evaluation is based upon:

1. Viewing weekly assigned videos
2. Being prepared for clinical laboratory sessions as evidenced by arriving to scheduled laboratory sessions on time with pre-lab preparation as assigned
3. Participating in clinical laboratory and seminar experiences as scheduled.
4. Successfully completing assessment check-offs as scheduled.
* Integrated Health Exam is graded:

S = Satisfactory U = Unsatisfactory

MAKE UP POLICY

You must be present for all scheduled exams, check-offs, and laboratory experiences. Early testing is not an option. Make-up exams are given only for exceptional circumstances. Students must discuss the absence circumstances with David Derrico (352-273-6341) **prior** to the scheduled exam and a missed exam must be made up within one week.

Missed exams or check-offs will be rescheduled within a week with David Derrico.

GRADING SCALE

|  |  |  |
| --- | --- | --- |
| Letter Grade | Points | Quality Points |
| A | 95 – 100 | 4.0 |
| A- | 93 – 94 | 3.67 |
| B+ | 91 – 92 | 3.33 |
| B | 84 – 90 | 3.0 |
| B- | 82 – 83 | 2.67 |
|  C+ | 80 – 81 | 2.33 |
| C | 74\* - 79 | 2.0 |
|  |  \*74% is the minimum  | passing grade |
| C- | 72 – 73 | 1.67 |
| D+ | 70 – 71 | 1.33 |
| D | 64 – 69 | 1.0 |
| D- | 62 – 63 | .67 |
| E | 61 or below | 0.0 |

For more information on grades and grading policies, please refer to University’s grading

policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

FACULTY EVALUATIONS

This course will provide class time for students to complete the evaluation using laptops, smart phones, or other electronic devices.  The evaluation will be administered on December 10, 2014. This is before the last day of classes and the final exam.  The evaluation will be conducted during a class session in which no examination is scheduled and during which the students are given 15 minutes for completion of the online form.  The instructors will not be present while the evaluation is being completed.

REQUIRED TEXTS

Ackley, B. & Ladwig, G. (2013). *Nursing diagnosis handbook: An evidence-based guide to*

 *planning care* (10th ed.). St. Louis: Mosby/Elsevier.

Elsevier. (2013). Simchart 1-Year. St. Louis: Mosby/Elsevier

Jarvis, C. (2012). *Physical examination and health assessment* (6th ed.)

 St. Louis: Saunders/Elsevier.

Jarvis, C. (2012). *Pocket companion for physical examination and health assessment* (6th ed.).

St. Louis: Saunders/Elsevier.

Mosby’s Nursing Video Skills. (2013). *Basic, intermediate, & advanced skills: Student version DVD*

 *4th ed.* St. Louis: Mosby/Elsevier.

Mosby’s Nursing Video Skills. (2007). *Physical examination and health assessment*.

St. Louis: Mosby/Elsevier

 Potter, P. A. & Perry, A.G. (2013). Fundamentals of nursing (8th ed.). St. Louis:

 Mosby/Elsevier.

 Schuster, P. & Nykolyn, L. (2010). *Communication for nurses: How to prevent harmful events and*

 *promote patient safety.*  Philadelphia: F.A. Davis.

Silvestri, L.A. (2014). *Saunders comprehensive review for the NCLEX-RN examination* (6th ed.).

 St. Louis: Saunders/Elsevier.

RECOMMENDED TEXTS

 Venes, D. (2010) *Taber’s cyclopedic medical dictionary* (21st ed.). Philadelphia: F.A. Davis.

**WEEKLY CLASS SCHEDULE (see pp.8 for detailed schedule, concepts, & NRC activities)**

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| LECTURE DATES | TOPICS | ASSIGNMENTS: READINGS & VIDEOS | FACULTY |
| 8/25 Week 1 NRC8/28 G101 | Intro. Priorities,Problem SolvingCommunication LectureGeneral Survey, Vital Signs, & Pain assessment | Jarvis & Ackley : Chapter 1Schuster: Chapter 1,2, & 3Jarvis: Chapter 1, 3, 8, 9 & 10 Mosby Videos: Vital Signs: all  Assessing Pain | Derrico MagyarDerrico |
| 9/4 Week 2  | Skin, Hair, & NailsCultural Competence | Jarvis: Chapter 12Mosby Videos: Skin, hair, nailsJarvis: Chapter 2 | DerricoStephen |
| 9/11 Week 3 | G & D assessment | Jarvis: pp.59-64 | Young |
| 9/18 Week 4  | Head & Neck, Nose, Mouth, & Throat assessment**EXAM 1** | Jarvis: Chapter 13 & 16Mosby Videos: Head, & neck, Nose, Mouth & throat**1230 Computer Testing Center** | Derrico |
| 9/25 Week 5 | NO CLASS | Narrated PPTComplete Health HistoryJarvis: Chapter 4  | Derrico |
| 10/1 Week 6 | Eyes & Earsassessment | Jarvis: Chapter 14, & 15Mosby Videos: Eyes & Ears | Derrico |
| 10/9 Week 7 | Pregnancy Assessment**EXAM 2** | 0900-0950 G101Jarvis: Chapter 29**1200 Computer Testing Center** | Kelley |
| 10/16 Week 8  | Assessment of Children: Vital Signs, Pain, Head EENT, Mouth & Throat | Jarvis: pp.145-148, 264-267, 274-5, 302-306, 311, 334-340, 367-369 | Young |
| 10/23 Week 9 G10110/24 NRC | Cardiovascular assessment Pulmonary assessment | Jarvis: Chapter 18, 19 & 20Mosby Videos: Lungs & Thorax, Heart & neck vessels, & PV | Derrico |
| 10/30 Week 10 | Abdomen AssessmentGU Assess Nutritional Assess – Web | Jarvis: Chapter 11 & 21 Mosby Videos: AbdomenMale & Female Genitourinary | Derrico |
| 11/6 Week 11 | CV & Pulmonary assessment of childrenMusculoskeletal Assessment | Jarvis: Chapter 17, 24, 25, & 26434-436, 464-465, 469, 480-482Jarvis: Chapter 22Mosby Videos: Musculoskeletal | YoungDerrico |
| 11/13 Week 12  | Neurological Assessment | Jarvis: Chapter 6 & 23Mosby Videos: Neurologic: MS & CNs, Motor & sensory | Derrico |
| 11/20 Week 13 | **Exam 3**Breast Assessment | **0830 Computer Testing Center**Lecture 0955 in G101Mosby Videos:Breast assessment | Kelley |
| 11/27 Week 14 | **THANKSGIVING** | **HOLIDAY NO CLASS** |  |
| 12/4 Week 15 | Integrated Health ExamMS & neurological assessment of children FACULTY EVALS | Jarvis: Chapter 27 & 28Jarvis Chapters 22 & 23pp. 552-553, 598-603, 651-659Mosby videos: Head to Toe  | DerricoYoung |
| 12/11 Week 16 | Reading Days | NO CLASS |  |
| Finals week | **Final Exam 12/18/14** | **0830 Computer Testing Center** |  |

**WEEKLY CALENDAR**

 **LAB & DATES LECTURE & DATES**

Week 1: Monday 8/25 Thursday 8/28

 NRC lecture Introduction 2h lecture Vital Signs, General Survey, Pain

 Priorities, & Problem Solving Concepts: Oxygenation, Perfusion, &

Communication Comfort

Concepts: Oxygenation & Perfusion

Week 2: Monday 9/1 Thursday 9/4

*LABOR DAY – NO LAB* 2h lecture Skin, hair, & nail assessment

 Concepts: Protection & Perception

Cultural Competence – Web

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Week 3: Monday 9/8 Thursday 9/11

 1h lab Problem Solving 2h lecture Growth and Development

2h lab Communication Concepts: Role

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Week 4: Monday 9/15 Thursday 9/18

3h lab Vital Sign Assessment 2h lecture Head & Neck, Nose, Mouth, &

 Skin, Hair, Nails Throat assessment

After practice stations (20 min.each) Concept: Perception

1.Problem Solving & Documentation

2.Communication: Addressing Personal Space & Boundaries

3.Temperature assessment

4.Electronic blood pressure & O2 Sat assessment **EXAM #1: Computer Testing Center**

**1230-1400**

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Week 5: Monday 9/22 Thursday 9/25

 **Check off: Vital Sign assessment** Narrated PPT – Complete Health History

 **Skin, Hair, Nails** (no class) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Week 6: Monday 9/29 Thursday 10/2

 3h lab Head & neck, Nose, 2h lecture Eyes & Ears assessment

 Mouth, Throat assessment Concept: Perception

After practice stations (20 min.each)

1. Problem Solving & documentation

2. Communication: Collecting data in the Community & Inpatient settings

3. Denver Developmental Screening Tool (DDST) assessment

4. Assessment of Older Adults: Part one

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**LAB & DATES LECTURE & DATES**

Week 7: Monday 10/6 Thursday 10/9

 2h lecture Concept: Perception

3H lab Eye & Ear AssessmentAssessment of Children:Vital Signs, Pain, Eyes/Ears, Head/neck, Nose/Mouth/Throat.

After practice stations (20 min.each)

1. Problem Solving & documentation

2. Communication: Communication with Children

3. Vital Signs in Children

4. Assessment of Older Adults: Part two

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Week 8: Monday 10/13 Thursday 10/16

**Check off:** **Assessment** **EXAM #2: Computer Testing Center**

**Head & Neck, Eyes & Ears** Concept: Reproduction

Assessment of the Pregnant Woman

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Week 9: Thursday 10/23 Friday 10/24 NRC Lecture

 Concept: Oxygenation Concepts: Oxygenation & Perfusion

 Pulmonary Assessment Cardiovascular Assessment

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Week 10: Thursday 10/30 Friday 10/31

 Concepts: Nutrition & Elimination 3h lab CV and Pulmonary

 Abdominal Assessment Assessment

 GU assessment

After practice stations (20 min.each) 1. Problem Solving & Documentation

2. Communication: Communicating

 Pregnancy concerns

3. Lung Sounds

4. Heart Sounds

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Week 11: Thursday 11/6 Friday 11/7

Concepts: Mobility 3h lab Abdomen, GU

Musculoskeletal Assessment Assessment

 Concepts: Oxygenation & Perfusion:

Pulmonary/CV assessment of children After practice stations (20 min.each)

1. Problem Solving & Documentation

2.Communication: Communication with

 Sensory deficits/nonverbal behavior

3. GU Assessment: Male & Female

4. Assessment of the Pregnant Woman

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**LAB & DATES LECTURE & DATES**

Week 12: Thursday 11/13 Friday 11/14

 Concepts: Cognition, Mobility, & **Check off: CV/ Pulmonary**

Perception  **Abdomen assessment**

Neurologic Assessment

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Week 13: Thursday 11/20 Friday 11/21

**EXAM #3: Computer Testing Center**  3h lab Musculoskeletal and NeuroConcepts: Sexuality Assessment

Breast Assessment After practice stations (20 min.each)

1. Problem Solving & Documentation

2. Communication: Communication with

 Older Adults: Solving Problems

3. Breast Assessment

4. Normal Newborn Assessment

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Week 14: Monday 11/24 Thursday 11/27

 **Check off:**  **NO CLASS- Thanksgiving Holiday**

 **Musculoskeltal & Neurological** , **assessment**

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Week 15: Monday 12/1 Thursday 12/4

 3h Lab: Integrated Health Exam (IHE) Concepts: Cognition

 Practice Mobility, & Perception

After Practice Stations (20 min. each) Musculoskeletal & Neurological

1. Problem Solving/Documentation Assessment of children

2. Communication: Communication with

 The Health Care Team

3. Postpartum Assessment

4. Child Health: GI/GU assessment

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Week 16: Monday 12/8 Thursday 12/11

**Integrated Health Exam** Reading Day – NO CLASS

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Finals Week: **EXAM #4 – Thursday 12/18 0830 Computer Testing Center**

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| Approved: | Academic Affairs Committee:General Faculty:UF Curriculum Committee: | 02/03, 12/03; 09/0902/03, 01/04; 09/0905/03; 10/09 |