UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER 2016

COURSE NUMBER NUR 3138C – Sections 7B92, 701E, 7017, 7027, 74C0, 74C1

COURSE TITLE Clinical Practice 1: Wellness Promotion and Illness Prevention

CREDITS 4 (1 credit didactic; 3 credits laboratory/clinical)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITES Admission to Upper Division

COREQUISITES NUR 3069C Health Assessment and Communication

NUR 3138 Systems of Care 1: Wellness Promotion and Illness

Prevention

# FACULTY

David J Derrico RN, MSN HPNP 352-273-6341 Friday 0800-1000

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Course Coordinator

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Anita Stephen, MSN, RN, CNL-BC HPNP 352-273-6328 Wednesday 0900-1100

Clinical Assistant Professor 3240

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Saunjoo Yoon, PhD, RN HPNP 352-273-6418 Friday 1000-1200

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Clinical Assistant Professor 2218

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COURSE DESCRIPTION The purpose of this course is to provide the student with clinical experience in the promotion of wellness and prevention of illness for diverse individual clients across the lifespan. Emphasis is on risk appraisal, environmental assessment, and the context of family in wellness promotion and risk reduction. Focus is on use of health education and counseling with clients in selected settings.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Apply concepts of wellness promotion and disease, injury, and disability prevention with selected individuals.
2. Utilize therapeutic communication techniques.
3. Apply primary, secondary, and tertiary prevention strategies.
4. Utilize principles of privacy and confidentiality in interactions with clients.
5. Assess environmental factors that influence the healthcare needs and preferences of individuals as members of families.
6. Utilize principles of health teaching and counseling with clients.
7. Utilize scientific principles in the demonstration of selected psychomotor skills.

8. Recognizes accountability for personal and professional behaviors.

COURSE SCHEDULE

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at  [elearning.ufl.edu/](https://lss.at.ufl.edu/). There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

CLINICAL/LABORATORY SCHEDULE

DIDACTIC: Tuesdays 0800-1030 May 10 through June 14, 2016 – Room G114

LAB: Thursdays; May 12, 2016 through June 16, 2016 - Nursing Resource Center (NRC)

Groups: 1-1, 1-2, & 1-3 will attend lab 1300-1450

Groups: 1-4, 1-5, & 1-6 will attend lab 1500-1650

CLINICAL: Hospital/facility based clinical experiences will occur during the second half of the

semester on Mondays or Tuesdays; June 27 through August 2, 2016

See CP1 Clinical List Summer 2016 for your specific assignments.

Community based clinical will occur during the first half of the semester on Mondays and Tuesdays and at various times during the second half of the semester. These clinical experiences will vary weekly. See the Community Clinical Calendar for your specific assignments.

TOPICAL OUTLINE

1. Communication & Safety
2. Communication
3. Asepsis
4. Standard precautions
5. Isolation techniques
6. Hygiene & Communication
7. Nutrition & Communication
8. Hydration
9. Intake and output
10. Elimination
11. Mobility & Communication
12. Positioning
13. Transfer
14. Ambulation
15. Surgical Asepsis
16. Regulation – Glucose Monitoring
17. Oxygenation
18. Delivery systems

TEACHING METHODS

Lecture, audiovisual materials, written materials, demonstrations, supervised laboratory time and clinical experiences.

LEARNING ACTIVITIES

Readings, videos, participation in skills practice, community and acute care clinical experiences.

EVALUATION METHODS/COURSE GRADE CALCULATION

Clinical courses are evaluated using the Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Clinical evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. **The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.** A rating of less than satisfactory in any of the areas at semester end will constitute a course grade of E. Regardless of the classroom grade, the student receiving an unsatisfactory evaluation in the clinical component of the course will be assigned a course grade of E or U.

The faculty member will hold evaluation conferences with the student as needed. The faculty member will document or summarize each conference on the Clinical Evaluation section in CANVAS. This summary will be acknowledged by the student by submitting a comment indicating receipt of the evaluation. Mid-rotation evaluation conferences will be made available to each student. **Final evaluation conferences with the faculty member are mandatory** and will be held during the last week of the clinical assignment. A student may request additional conferences at any time by contacting the faculty member.

**Hospital/Facility Clinical** & **Nursing Resource Center (NRC) Uniform** – required for

hospital/facility clinical, laboratory, and simulation, consists of navy pants and a navy top made

of scrub or uniform material. Socks, stockings, and belts are required.  Shoes must be white or

black, nonporous, with closed toe and heel. Overall appearance must convey a professional

image. Personal hygiene and grooming should be of a standard that ensures the safety and

comfort of clients. Students must arrive to clinical/NRC activities with all the required

equipment necessary for the scheduled activities. Students should wear their UF Gator One badge while in the hospital/Facility setting unless otherwise specified.

**Required Community Uniform** –UF CON polo with khaki pants. Shoes should be comfortable enough to participate in physical activities. Students should wear their UF Gator One badge while in the community setting unless otherwise specified. Overall appearance (personal hygiene and grooming) must convey a professional image.

Activated cell phones and pagers must be turned off during clinical and in the NRC.

Preparation for clinical skills laboratory experiences include: viewing weekly assigned videos, being prepared as evidenced by arriving to scheduled laboratory sessions on time with pre-lab preparation as assigned, and participating in laboratory experiences as scheduled.

MAKE UP POLICY

Students will be required to make up time missed in lab and clinical based upon the faculty’s assessment of whether the individual student is meeting the clinical objectives and the frequency of absences.

GRADING SCALE/QUALITY POINTS

S Satisfactory

U Unsatisfactory

Evaluation of the clinical lab/nursing skills will be based on the satisfactory completion of all assignments, which includes participation. An Unsatisfactory grade may be assigned for being late or missing assigned NRC or clinical activities. Make-up opportunities are at the discretion of faculty.

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

REQUIRED TEXTBOOKS & VIDEOS

Evolve Online Course for Clinical Skills: Essentials Collection, 1st Edition

**Course ID: 154963\_dderrico\_1001**

Perry, A.G. Potter, P.A. & Ostendorf, W.  (2014). Clinical nursing skills & techniques

(8th ed.).  St. Louis: Mosby/Elsevier

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D.  (2014). Maternal child nursing care (5th ed.).Maryland Heights, MO: Mosby.

Potter, P. A. & Perry, A.G.  (2013). Fundamentals of nursing (8th ed.).  St. Louis:

Mosby/Elsevier

Silvestri, L.A.  (2014). Saunders comprehensive review for the NCLEX-RN examination (6th

ed.). St. Louis, MO: Saunders.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

WEEKLY CLASS SCHEDULE

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| DATE | TOPIC | ASSIGNMENTS/READINGS | FACULTY |
| Week 1  5/10 lecture  5/12 lab | Introduction/Orientation  Community Introduction  Communication  Safety  Infection Control  Hand Hygiene  Transmission Based Precautions | **Potter & Perry Fundamentals of Nsg.**  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 3: Communication  Chapter 7: Medical Asepsis  **Clinical Skills Essentials Edition**  *(Review Quick Start, Supplies, Demos)*  Performing Hand hygiene  Using Personal Protective Equipment | Derrico |
| Week 2  5/17 lecture  5/19 lab | Hygiene  Comfort  Safety  (Under your NRC uniform - please wear a bathing suit, sports bra, clothing that will make it easy for you to take part in some partial bed bathing activities) | **Potter & Perry Fundamentals of Nsg.**  Chapter 39: Hygiene  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 17: Personal Hygiene & Bed-making  **Clinical Skills Essentials Edition**  *(Review Quick Start, Supplies, Demos)*  Making an Unoccupied Bed  Making a Surgical Bed  Performing a Complete/Partial Bed Bath  Performing Perineal Care-Male/Female  Assisting with a Gown Change  Making an Occupied Bed  Cleaning Dentures  Performing Oral Hygiene - Unconscious  Assisting with a Tub Bath or Shower  Performing Hair Care/Shampooing  Performing Nail & Foot Care  Shaving a Male Patient  Performing Back Massage | Derrico |
| Week 3  5/31 lecture  6/2 lab | Nutrition  Hydration  Elimination | **Potter & Perry Fundamentals of Nsg.**  Chapter 44: Nutrition pp. 996-1027  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 30: Oral Nutrition  Chapter 43:Specimen Collection:  pp 1053-1063  **Clinical Skills Essentials Edition**  *(Review Quick Start, Supplies, Demos)*  Assisting with Meals  Taking Aspiration Precautions  Measuring Intake and Output  Assisting with a Urinal  Collecting a Midstream Urine Specimen  Applying a Condom Catheter  Assisting with a Bedpan  Fecal Occult Blood Testing  Administering a Cleansing Enema | Derrico |
| Week 4  6/7 lecture  6/9 lab | Mobility  Safety  Perfusion  Fall Risk Assessment & Injury Prevention  Skin Risk Assessment & Prevention Strategies  Seizure Precautions  VTE Prophylaxis  Restraints | **Potter & Perry Fundamentals of Nsg.**  Chapter 47: Mobility & Immobility pp.1184-6  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 9: Safe Patient Handling  Chapter 10: Exercise and Ambulation  Chapter 12: Support Surfaces/ Sp. Beds  Chapter 13: Safety/Quality Improve.  Chapter 18: Pressure Ulcers pp. 433-443  **Clinical Skills Essentials Edition**  *(Review Quick Start, Supplies, Demos)*  Assisting Positioning Patient in Bed  Assisting Moving Patient in Bed  Assisting with Ambulation – Gait Belt  Transferring from Bed to Stretcher  Transferring Bed to WC – Transfer belt  Using a Hydraulic Lift  Using Restraint Alternatives  Applying Restraints  Performing Passive Range of Motion  Applying Elastic Stockings  Using a Sequential Compression Device | Derrico |
| Week 5  6/7 lecture  6/9 lab | Surgical Asepsis  Safety  Perfusion  Tissue Integrity  Sterile Gloving  Sterile Dressing Change | **Potter & Perry Fundamentals of Nsg.**  Chapter 28: Infection Prevention & Control pp.421-4, 428-437  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 8: Sterile Technique  **Clinical Skills Essentials Edition**  *(Review Quick Start, Supplies, Demos)*  Assessing Wounds  Performing Sterile Gloving  Establishing/Maintaining Sterile Field  Adding Items to a Sterile Field  Changing a Dressing  Collecting Specimen for Wound Culture  - | Derrico |
| Week 6  6/7 lecture  6/9 lab | Oxygenation  Oxygen administration  Regulation **–**  Blood Glucose monitoring (faculty in clinical) | **Potter & Perry Fundamentals of Nsg.**  Chapter 40: 821-844,850-853,873-878  Chapter 44: pp1035-1039  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 23: Oxygen Therapy  Chapter 24 Performing Chest PT  Chapter 43:Specimen Collection: pp 1085-1090 (Blood Glucose Monitoring)  **Clinical Skills Essentials Edition**  *(Review Quick Start, Supplies, Demos)*  Ensuring Oxygen Safety  Applying a Nasal Cannula or Face Mask  Setting Oxygen Flow Rates  Performing Blood Glucose Testing | Derrico |

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12; 02/14  09/09; 03/12; 02/14  10/09; 04/12 |