UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Fall 2014

COURSE NUMBER NUR 3738C

COURSE TITLE Clinical Practice 2: Restoration of Wellness

CREDITS 5 (1 credit didactic, 4 credits laboratory/clinical)

PLACEMENT BSN Program: 2nd Semester Upper Division

PREREQUISITES NUR 3138 Clinical Practice 1: Wellness Promotion and Illness Prevention

COREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

NUR 3145 Pharmacology for Nursing

NUR 3169 Inquiry and Evidence in Professional Nursing Practice

or

NGR 6101 Theory and Research for Nursing

CLINICAL Nancy Gill Young, MSN, ARNP, CPNP

COORDINATOR Clinical Assistant Professor

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Office Hours: Tues. 1300-1500, and by appt.

FACULTY

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| --- | --- | --- | --- |
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| Bonnie Carlin, MSN, RN-BC  Adjunct Clinical Assistant Professor  [carlibj@ufl.edu](mailto:carlibj@ufl.edu) | HPNP- 3215 | Phone: 273-6322  cell (352) 213-8137 | Office Hours: Wed., 1600-1800 |
| Joan Castleman, MS, RN  Clinical Associate Professor  [jbcastle@ufl.edu](mailto:jbcastle@ufl.edu%20) | HPNP- 4205 | Phone: 273-6362 | Office Hours: Monday, 0900-1100 |
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| Anita M. Stephen, MSN, RN, CNL  Clinical Assistant Professor  [astephen@ufl.edu](mailto:astephen@ufl.edu) | HPNP- 3240 | Phone: 273-6328 | Office Hours: Monday, 1100-1300 |
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| Saun-Joo (Sunny) Yoon, PhD, RN  Associate Professor  [yoon@ufl.edu](mailto:yoon@ufl.edu) | HPNP - 3223 | Phone: 273-6418 | Office Hours: Friday, 1030-1230 |
| DEPARTMENT CHAIR |  |  |  |
| Susan Schaffer, PhD, ARNP, FNP-BC  Clinical Associate Professor  [sdschaf@ufl.edu](mailto:sdschaf@ufl.edu) | HPNP 2229 | Phone: 273-6366 | Office Hours: By Appointment |

COURSE DESCRIPTION The purpose of this course is to provide the student with laboratory and clinical experiences in the provision of nursing care for clients with common acute and chronic illnesses across the lifespan and for intrapartal women. Emphasis is on the delivery of holistic, safe, and evidence based healthcare for diverse clients in a variety of settings. Focus is on the use of healthcare and information management technologies in the implementation and evaluation of nursing interventions.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Incorporate health/ illness beliefs, values, attitudes, and practices of individuals and families in the development of plans of care.
2. Develop collaborative plans of care that include health determinants, available resources, and activities that restore wellness and prevent illness.
3. Utilize health and information management technologies to provide safe nursing care.
4. Implement evidence-based nursing interventions to manage common acute and chronic illnesses and to promote wellness across the lifespan.
5. Contribute to revisions of plans of care based on healthcare outcomes.
6. Demonstrate accountability for personal and professional behaviors.

CLINICAL/LABORATORY SCHEDULE

Weekly clinical skills class Monday, 0935-1025

Weekly clinical hours:

Lab 2 hours per week, Friday, 0730-0930 or 0940-1140

Clinical: Adult Health, Child Health, Women’s Health, Mental Health = 88 hours

Women’s Health Simulation lab = 4 hours

Community = 32 hours

Mandatory participation in Interdisciplinary Family Health (IFH), or Interprofessional Learning in Healthcare (IPLHC) activities

\*Individual group clinical schedules are posted on Sakai.

E-Learning in Sakai is the course management system that you will use for this course. E-Learning in Sakai is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

ATTENDANCE

Students are expected to be present for all scheduled clinical practice experiences and seminars. Students who have extraordinary circumstances preventing attendance should explain these circumstances to the course instructor **prior** to the scheduled clinical practice experience or seminar. Instructors will then make an effort to accommodate **reasonable** requests. A grade penalty may be assigned for unexcused seminar or clinical absences. The faculty member will advise the method of notification for absences to the clinical site e.g. phone, email, and notification of facility.

Unexcused absences may result in unsatisfactory clinical performance and place the student at risk for academic jeopardy. Tardiness to any clinical experience is unprofessional and may place the student at risk for academic jeopardy. Open Lab time is intended and scheduled for remediation and additional practice of clinical skills.

ACCOMMODATIONS DUE TO DISABILITY

Each semester, students are responsible for requesting memorandum from the Disability Resource Center to notify faculty of their requested individual accommodations. This should be done at the start of the semester. (<http://www.dso.ufl.edu/index.php/drc/>)

COUNSELING AND MENTAL HEALTH SERVICES

Students may occasionally have personal issues that arise on the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with an instructor and to seek confidential assistance at the University of Florida Counseling and Wellness Center, 352-392-1575, visit their web site for more information: http://www.counseling.ufl.edu/cwc/.

STUDENT HANDBOOK

Students are to refer to the College of Nursing Student Handbook for information about University & College of Nursing policies, Academic Honesty, and professional behavior.

<http://nursing.ufl.edu/students/student-policies-and-handbooks>

ACADEMIC HONESTY

The University of Florida Student Conduct and Honor Code may be found at http://www.dso.ufl.edu/index.php/sccr/process/student-conduct-honor-code/

TOPICAL OUTLINE

1. Oxygenation
   1. Airway management, suctioning
   2. Chest tube management
2. Perfusion
   1. EKG monitoring
   2. Fetal monitoring
3. Tissue Integrity
   1. Wound management: complex dressings, pressure ulcers, suture & staple removal
   2. IV therapy, venipuncture
4. Nutrition
   1. Feeding tube care & management
   2. Total parenteral nutrition
5. Regulation/Safety
   1. Medication administration (all routes)
   2. Blood product administration
6. Elimination

a. Urinary drainage appliances

b. Ostomy appliances

TEACHING METHODS

Skills class lectures, demonstration, supervised laboratory and clinical simulation, supervised clinical practice experiences and seminars

LEARNING ACTIVITIES

Selected laboratory and clinical experiences, community based experiences, Interdisciplinary Family Health (IFH) or Interprofessional Learning in Health Care (IPLHC), skill practice and demonstration, participation in clinical, seminars, and assigned activities

EVALUATION METHODS/ COURSE GRADE CALCULATION

Clinical experience will be evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Evaluation of clinical performance will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. **The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.** A rating of less than satisfactory in any of the areas at semester end will constitute an Unsatisfactory course grade.

The faculty member will hold evaluation conferences with the student and clinical preceptor, if applicable. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Incidental Advisement Record. This summary will be signed by the faculty member and student. Mid-rotation evaluation conferences will be made available to each student. Final evaluation conferences with faculty members are mandatory and will be held during the last week of each clinical rotation. A student may request additional conferences at any time by contacting the faculty member.

MAKE UP POLICY

Students will be required to make up time missed in clinical based upon the faculty’s assessment of whether the individual student is meeting the clinical objectives and the frequency of absences.

GRADING SCALE

S Satisfactory

U Unsatisfactory

10 quizzes will be administered for the didactic/lab portion of the course. Each quiz is worth 10%. Students must achieve an average quiz grade of 80% to achieve a satisfactory grade in this course.

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

FACULTY EVALUATION

Students are expected to provide feedback on the quality of instruction in this course based on ten criteria. These evaluations are conducted online at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu>.

REQUIRED TEXTBOOKS

Evolve RN Practice Tests:  HESI RN Practice Test, Version 3.0

ISBN: 978-0-3230-6867-3

Lewis, S. L., Dirksen, R. F., Heitkemper, M. M., & Bucher, L.  (2014).

*Medical-surgical nursing:  Assessment and management of clinical problems* (9th ed.).

St. Louis, MO: Mosby/Elsevier.

ISBN: 978-0-323-08678-3

Mosby’s Nursing Video Skills. (2014). *Basic, intermediate and advanced skills: Student version*

*DVD 4.0 edition.*  St. Louis, MO: Mosby/Elsevier.

Perry, A. G., Potter, P. A, & Ostendorf, W. (2014). *Clinical nursing skills & techniques*. (8th

ed.).  St. Louis, MO: Mosby/Elsevier.

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D. (2014). *Maternal child nursing*

*care* (5th ed.). St. Louis, MO: Mosby/Elsevier.

ISBN: 978-0-323-09610-2

Potter, P. A., & Perry, A. G. (2013). *Fundamentals of nursing* (8th ed.). St. Louis, MO:

Mosby/Elsevier.

SimChart (1-Year Access Code). (2013). St. Louis, MO: Mosby/ Elsevier.

ISBN: 9781455710867

Townsend, M. C. (2014). *Essentials of psychiatric mental health nursing: Concepts of care in*

*evidence-based practice* (6th ed.). Philadelphia: FA Davis.

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ISBN: 978-0-8036-2338- 5

Ellis, K. (2012). EKG plain and simple. Upper Saddle River, N.J: Pearson