UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SPRING 2016

COURSE NUMBER NUR 3738C- sections O4GC, O4GH, 04G3, 1G27, 1G29

COURSE TITLE Clinical Practice 2: Restoration of Wellness

CREDITS 5 (1 credit didactic, 4 credits laboratory/clinical)

PLACEMENT BSN Program: 2nd Semester Upper Division

PREREQUISITES NUR 3138 Clinical Practice 1: Wellness Promotion and Illness Prevention

COREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

NUR 3145 Pharmacology for Nursing

NUR 3169 Inquiry and Evidence in Professional Nursing Practice or

NGR 6101 Theory and Research for Nursing

FACULTY

David Derrico, MSN, RN HPNP 352-273-6341 Tuesday 0800-1000

Clinical Assistant Professor 3202 (cell) 352-562-6305

[derridj@ufl.edu](file:///\\ahcdfs.ahc.ufl.edu\files\NUR\PERSONAL\lsutton\My%20Documents\4944L\4944L%20Spring%202013\derridj@ufl.edu) Course Coordinator

Sally Bethart, MSN, ARNP HPNP 352-273-6372 Thursday 0930-1130

Clinical assistant Professor 4203 352-494-3548 C

[Sbeth12@ufl.edu](mailto:Sbeth12@ufl.edu)

Michele Brimeyer, MSN, ARNP, WHNP-BC by Appointment

Clinical Assistant Professor HPNP 352- 273-6397

[brimemm@ufl.edu](mailto:brimemm@ufl.edu) 2231 Pager: 888-980-3856

Bonnie Carlin, MSN, RN-BC HPNP 352-273-6322 Wednesday 1530-1730

Clinical Assistant Professor 3215 (cell) 352-213-8137

[carlibj@ufl.edu](file:///F:\4748L%202011\carlibj@ufl.edu)

Sandra Wolfe Citty, PhD, ARNP HPNP 352-273-6374 Friday 1000-1200

Clinical Assistant Professor 3219

[swolfe@ufl.edu](mailto:swolfe@ufl.edu)

Cynthia Figueroa, PhD, ANP-BC HPNP 352- 273-6424 by Appointment

Clinical Assistant Professor 3239

[cindiarn@ufl.edu](mailto:cindiarn@ufl.edu)

Stacia Hays, DNP, CPNP, CCTC HPNP 352-273-6348 Tuesday 1000-1200

Clinical Assistant Professor 2232

[smhays@ufl.edu](mailto:smhays@ufl.edu)

Ozzie Hunter RN HPNP 352 by Appointment

Visiting Clinical Assistant Professor

@ufl.edu

Debbie Ingram, PhD, ARNP VAMC 352-871-4084 by Appointment

Visiting Assistant Professor A243-1

[Deborah.Ingram@va.gov](mailto:Deborah.Ingram@va.gov)

Charlene Krueger, PhD, ARNP HPNP (352) 273-6332 by Appointment

Associate Professor 2228

[ckrueger@ufl.edu](mailto:ckrueger@ufl.edu)

Patsy Love, DNP, RN, CNOR HPNP 352-294-5721 by Appointment

Adjunct Clinical Assistant Professor 3218 cell 386-451-2174

[plove@ufl.edu](mailto:plove@ufl.edu)

Allison Peters, MSN, CNOR HPNP 352-273-6370 by Appointment

Clinical Assistant Professor

[petera@shands.ufl.edu](mailto:petera@shands.ufl.edu)

Sharon Parrish, MSN, RN, CNL HPNP 352-273-6430 by Appointment

Clinical Assistant Professor 3212 (cell) 352-226-6255

[parsha@ufl.edu](mailto:parsha@ufl.edu)

Karen S. Reed, MSN, DHSc, HPNP 352-273-6097 by Appointment

RN, CNL, CRRN 3228

Clinical Assistant Professor

[ksreed@ufl.edu](mailto:ksreed@ufl.edu)

Anita Stephen, MSN, RN, CNL HPNP 352-273-6328 Wednesday 0900-1100

Clinical Assistant Professor 3240

[astephen@ufl.edu](file:///C:\Documents%20and%20Settings\lsutton\Local%20Settings\Temporary%20Internet%20Files\Content.Outlook\lsutton\My%20Documents\4748L\4748L%20Spring%202012\astephen@ufl.edu)

Saun-Joo Yoon, PhD, RN HPNP 352-273-6418 Friday 1000-1200

Associate Professor 3223

[yoon@ufl.edu](mailto:yoon@ufl.edu)

Nancy G. Young MSN, ARNP, CPNP HPNP 352-273-6403 Wednesday 1500-1700

Clinical Assistant Professor 2218

[ngyoung@ufl.edu](mailto:ngyoung@ufl.edu)

COURSE DESCRIPTION The purpose of this course is to provide the student with laboratory and clinical experiences in the provision of nursing care for clients with common acute and chronic illnesses across the lifespan and for intrapartal women. Emphasis is on the delivery of holistic, safe, and evidence based healthcare for diverse clients in a variety of settings. Focus is on the use of healthcare and information management technologies in the implementation and evaluation of nursing interventions.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Incorporate health/ illness beliefs, values, attitudes, and practices of individuals and families in the development of plans of care.
2. Develop collaborative plans of care that include health determinants, available resources, and activities that restore wellness and prevent illness.
3. Utilize health and information management technologies to provide safe nursing care.
4. Implement evidence-based nursing interventions to manage common acute and chronic illnesses and to promote wellness across the lifespan.
5. Contribute to revisions of plans of care based on healthcare outcomes.
6. Demonstrate accountability for personal and professional behaviors.

CLINICAL/LABORATORY SCHEDULE

Clinical Orientation – Tuesday January 5, 2016 1040-1230 in G101

Clinical on Wednesdays and Thursdays as scheduled – see Clinical List and Schedule

Weekly NRC skills practice hours: Friday Jan. 8 through April 15, 2016

from 0800 – 1700 in the Nursing Resource Center (NRC):

**Jan. 8, 2015 to Feb. 19, 2015:**

Groups: 2-4, 2-5, & 2-6 will attend lab 0800 - 1000

Groups: 2-1, 2-2, & 2-3 will attend lab 1000 – 1200

Groups: 2-7, 2-8, & 2-9 will attend lab 1300 – 1500

Groups: 2-10 & 2-11 will attend lab 1500 – 1700

**Feb. 26, 2015 to April 15, 2015:**

Groups: 2-7, 2-8, & 2-9 will attend lab 0800 - 1000

Groups: 2-10, & 2-11 will attend lab 1000 – 1200

Groups: 2-1, 2-2, & 2-3 will attend lab 1300 – 1500

Groups: 2-4, 2-5, & 2-6 will attend lab 1500 – 1700

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu). It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Oxygenation
   1. Airway management, suctioning
   2. Chest tube management
2. Perfusion
   1. EKG monitoring
   2. Fetal monitoring
3. Tissue Integrity
   1. Wound management: complex dressings, pressure ulcers, suture & staple removal
   2. IV therapy, venipuncture
4. Nutrition
   1. Feeding tube care & management
   2. Total parenteral nutrition
5. Regulation/Safety
   1. Medication administration (all routes)
   2. Blood product administration

5. Elimination

a. Urinary drainage appliances

b. Ostomy appliances

TEACHING METHODS

Demonstration, supervised laboratory and clinical simulation, supervised clinical practice experiences and seminars

LEARNING ACTIVITIES

Selected laboratory and clinical experiences, community home, skill practice and demonstration, participation in clinical, seminars, and assigned interprofessional education activities, e.g., Interdisciplinary Family Health (IFH), Interprofessional Learning in Healthcare (ILPH), and/or ATTAC-IT (Area Health Education Centers Tobacco Training and Cessation Program – Initial Training).

EVALUATION METHODS/ COURSE GRADE CALCULATION

Clinical courses are evaluated using the Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Clinical evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. **The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.** A rating of less than satisfactory in any of the areas at semester end will constitute a course grade of E. Regardless of the classroom grade, the student receiving an Unsatisfactory evaluation in the clinical component of the course will be assigned a course grade of E or U.

The faculty member will hold evaluation conferences with the student and clinical preceptor, if applicable, at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Advisement Record. This summary will be signed by the faculty member and student. Mid-rotation evaluation conferences will be made available to each student. **Final evaluation conferences with the faculty member are mandatory** and will be held during the last week of each course. A student may request additional conferences at any time by contacting the faculty member.

MAKE UP POLICY

Students will be required to make up time missed in lab and clinical based upon the faculty’s assessment of whether the individual student is meeting the clinical objectives and the frequency of absences

GRADING SCALE

S Satisfactory

U Unsatisfactory

13 quizzes will be administered for the didactic/lab portion of the course. Students must achieve a quiz grade of 80%, attend lab weekly, and practice each skill in the NRC to achieve a satisfactory grade in this course. Lateness to lab will also affect a satisfactory grade.

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

REQUIRED TEXTBOOKS

Huff, J. (2012). ECG Workout: Excercises in Arrhythmia Interpretation.(6th ed.).

Amber, PA: Lippincott, Williams & Wilkins. ISBN: 978-1-4511-1553-6

Lewis, S. L., Dirksen, R. F., Heitkemper, M. M., & Bucher, L.  (2014).

*Medical-surgical nursing:  Assessment and management of clinical problems* (9th ed.).

St. Louis, MO: Mosby/Elsevier. ISBN: 978-0-323-08678-3

Mosby’s Nursing Video Skills. <https://bridge.ufhealth.org/> Care/Mosby’s Nursing Skills

Perry, A.G. Potter, P.A. & Ostendorf, W.  (2013). Clinical nursing skills & techniques (8th ed.).  St. Louis: Mosby/Elsevier.

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D.  (2014). Maternal child nursing care (5th ed.).Maryland Heights, MO: Mosby.

Potter, P. A. & Perry, A.G.  (2013). Fundamentals of nursing (8th ed.).  St. Louis:

Mosby/Elsevier.

Silvestri, L.A.  (2014). Saunders comprehensive review for the NCLEX-RN examination (6th

ed.). St. Louis, MO: Saunders.

**Required Supplies: laptop computer privacy screen is required for all exams taken in the classroom by laptop.**

WEEKLY CLASS SCHEDULE

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| DATE | TOPIC/EVALUATION | ASSIGNMENTS/READINGS | FACULTY |
| Week 1  01/8/16 | Urinary Catheterization | Potter & Perry Fundamentals of Nursing textbook (Potter & Perry Fundamentals):  Ch. 45  Perry & Potter Clinical Nursing Skills and techniques textbook (P&P Clinical Skills): Ch. 33  View PowerPoint lecture,  Mosby Videos, Mosby extended text readings, Mosby skills checklist – all listed on canvas  Quiz: due 1/8/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA |
| Week 2  01/15/16 | Non-Parenteral Medication | Potter & Perry Fundamentals:   1. Ch. 31 pp.565-600 2. Ch. 31 pp. 612-622 (skill 31.2-31.3)   P&P Clinical Skills –  Ch. 20 & 21  View PowerPoint lecture,  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 1/15/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA |
| Week 3  01/22/16 | Injections | Potter & Perry Fundamentals–   1. Ch. 31 pp. 600-608 (parenteral admin.) 2. Ch. 31 pp. 622-631 (skill 31.4-31.5)   P&P Clinical Skills –  Ch. 22 pp. 538-568  View PowerPoint lecture,  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 1/22/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA |
| Week 4  01/29/16 | GI tubes, Enteral & Parenteral Nutrition & Skills Competency 2nd hour | Potter & Perry Fundamentals:  Ch. 44  P & P Clinical nursing skills and techniques text –   1. Ch. 21 pp. 500-504 2. Ch. 31 3. Ch. 32 4. Ch. 34 857-864   View PowerPoint lecture,  View Kangaroo Pump Video-on Canvas  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 01/29/16 @ 0700 | Stephen Young, Nealis, Parrish, TA, |
| Week 5  02/05/16  Wound Care Lecture  Friday, Feb. 5th  1-4PM  G-101  No Friday Skills Lab | Communication  (Online/no lab) | Multiple documents posted on canvas  View You tube videos posted on Canvas  Mosby Videos, extended text readings, skills checklist listed on canvas  Quiz: due 02/05/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA |
| Week 6  02/12/16 | Complex Wound | Potter & Perry Fundamentals: Ch. 48  P&P Clinical Skills –  Ch. 38 & 39  Complete two training NDNQI modules (choose option 2) and send documentation of completion in Canvas under assignments.  View You-tube Videos posted on canvas  View PowerPoint lecture  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 02/12/16 @ 0700 | Stephen,Young, Nealis, Parrish, TA, |
| Week 7  02/19/16 | CVL (Central venous line) sterile dressing change & Skills Competency 2nd hour | P&P Clinical Skills –  Ch. 28 pp.724-736  View PowerPoint lecture  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 02/19/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA |
| Week 8  02/26/16  No Friday Skills Lab | Ostomy/ECG (start ECG readings)  (Online/no lab) | Potter & Perry Fundamentals:   1. Ch. 46 pp. 1092-1096 (bowel diversions) 2. Ch. 46 pp. 1112-1115 (enemas) 3. Ch. 46 pp. 1121-1126 (ostomy)    P&P Clinical Skills –   1. Ch. 34 pp. 852-856 2. Ch. 35   Lewis Ch. 40 pp.965-968  **ECG Book:**  **Huff chapters 1, 2 & 3**  View PowerPoint lecture  View other posting on Canvas  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 02/26/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA |
| Week 9  03/04/16  No Friday Lab | SPRING BREAK | NO LAB /ASSIGNMENTS |  |
| Week 10  03/11/16 | Airway, Oxygenation,  Chest tubes | Potter & Perry Fundamentals:  Ch. 40  **Huff: chapters 4 & 5**  P&P Clinical Skills –  Ch. 23, 24, 25, & 26  View PowerPoint lecture  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 03/11/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA, |
| Week 11  03/18/16 | IV initiation/Blood draw | Potter & Perry Fundamentals:   Ch. 41 pp.916-936  **Huff: Chapter 6**  P&P Clinical Skills –   1. Ch. 28 pp. 693-724 2. Ch. 43 pp. 1077-1085   View PowerPoint lecture  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 03/18/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA |
| Week 12  03/25/15 | IV fluids/fluids & electrolytes/ Blood administration | Potter & Perry Fundamentals:   1. Ch. 41 pp. 882-915 2. Ch. 41 pp. 926-929 (skill 41.2)   **ECG: Huff chapter 7**  P&P Clinical Skills –   1. Ch. 28 713-719 (skill 28.3-28.4) 2. Ch. 29   View PowerPoint lecture  View additional materials on Canvas  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 03/25/16 @ 0700 | Stephen Young, Nealis, Parrish, TA, |
| Week 13  04/01/16 | IV Meds | Potter & Perry Fundamentals   1. Ch. 31 pp.608-611 (IV administration) 2. CH. 31 631-639 (skills 31.6-31.7)   **Huff: chapter 8**  P&P Clinical Skills –  Ch. 22 pp. 568-584  View PowerPoint lecture  Mosby Videos, extended text readings, skills checklist – listed on canvas  Quiz: due 04/01/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA |
| Week 14  04/08/16 | ECG | **Huff chapters 9 &10**  Lewis Ch. 36  Quiz: due 04/08/16 @ 0700 | Stephen, Young, Nealis, Parrish, TA |
| Week 15  04/15/15 | Mandatory Skills Competency | Signup with faculty for 15 minute skills competency | Stephen, Young, Nealis, Parrish, TA |

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

Academic Honesty

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

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| --- | --- | --- |
| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12; 02/14  09/09; 03/12; 02/14  10/09; 04/12 |