UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Fall 2014

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| COURSE NUMBER | NUR 3138 C |
| COURSE TITLE | Clinical Practice 1: Wellness Promotion and Illness Prevention |
| CREDITS | 4 (1 credit didactic; 3 credits laboratory/clinical ) |
| PLACEMENT | BSN Program: 1st Semester Upper Division |
| PREREQUISITES | Admission to Upper Division BSN Program |
| COREQUISITES | NUR 3069C Health Assessment and Communication  NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention |
| FACULTY Sheri Mangueira, MSN, ARNP, APHN-BC , AGNPCP-BC  (Course Coordinator)  [shmng@ufl.edu](mailto:shmng@ufl.edu) HPNP 4208(352) 273-6344  Cell (239-348-5919)  Office Hours: Monday 0830-1030  Sandra Citty, PhD, ARNP - BC  (Didactic and Skills Laboratory Coordinator)  [swolfe@ufl.edu](mailto:swolfe@ufl.edu) HPNP 3219 (352) 273-6314  Office Hours: Monday 1030-1230  Bonnie Carlin, MSN, RN-BC  [carlibj@ufl.edu](mailto:carlibj@ufl.edu) HPNP 3215(352) 273-6322  (352) 218-8137 - Cell  Office Hours: Wednesday 1600-1800  Dorie Frum, MSN, ACNP-BC  [Dorie66@ufl.edu](mailto:Dorie66@ufl.edu) HPNP 3231 (352) 273-6319  Office Hours: Following clinical and by appointment  Cynthia "Cindi" Figueroa, PhD, ARNP, ANP-BC  [cindiarn@ufl.edu](mailto:cindiarn@ufl.edu) HPNP 3208 (352) 273-6424  Office Hours: Thursday 1300-1500    Anna Kelley, MSN, ARNP, WHNP-BC  [alkelley@ufl.edu](mailto:alkelley@ufl.edu) HPNP 2221 (352) 273-6422 Cell-(352) 494-8053  Office Hours: Tuesday 1300-1500  Charlene Krueger, PhD, ARNP  [ckrueger@ufl.edu](mailto:ckrueger@ufl.edu) HPNP 2228 (352) 273-6332  Office Hours: Tuesday 1230-1430  Patsy Love, DNP, RN, CNOR  [plove@ufl.edu](mailto:plove@ufl.edu) HPNP 3218(352) 273-6396 Cell-(386) 451-2174  Office Hours: Monday 1300-1500  Rebecca Norton, MSN, RN, CCRN  [nortor@shands.ufl.edu](https://mail.ufl.edu/owa/redir.aspx?C=jzQinOdDiU2j-LxYWlye91ZSYpAHhtEIzQl_Hsd9_xVobJMc1nhQH4g412uXNOuDzqXVUEBt7m4.&URL=mailto%3anortor%40shands.ufl.edu) (352) 745-6106  Office Hours: Following clinical and by appointment  appointment  Becky Weber, MSN, RN  [Becky.weber@va.gov](mailto:Becky.weber@va.gov) / [becky80228@ufl.edu](mailto:becky80228@ufl.edu) HPNP 3224  (352) 273-6329 Office Hours: Following clinical and by appointment  Saunjoo "Sunny" Yoon, PhD, RN  [yoon@ufl.edu](mailto:yoon@ufl.edu) HPNP 3223 (352) 273-6418  Office Hours: Friday 1030-1230    Nancy G. Young, MSN, ARNP, CPNP  [ngyoung@ufl.edu](mailto:ngyoung@ufl.edu) HPNP 2218 (352) 317-2909  Office Hours:  Tuesday 1300-1500 | |
| DEPARTMENT CHAIR Andrea Gregg, PhD, RN  (Interim) [greggac@ufl.edu](mailto:greggac@ufl.edu) HPNP 4201 Gainesville (352) 273-6359  (904) 244-5172 Jacksonville  Office hours: By appointment only | |
| COURSE DESCRIPTION The purpose of this course is to provide the student with clinical experience in the promotion of wellness and prevention of illness for diverse individual clients across the lifespan. Emphasis is on risk appraisal, environmental assessment, and the context of family in wellness promotion and risk reduction. Focus is on use of health education and counseling with clients in selected settings. | |
| COURSE OBJECTIVES Upon completion of this course, the student will be able to:   1. Apply concepts of wellness promotion and disease, injury, and disability prevention with selected individuals. 2. Utilize therapeutic communication techniques. 3. Apply primary, secondary, and tertiary prevention strategies.   COURSE OBJECTIVES (continued):   1. Utilize principles of privacy and confidentiality in interactions with clients. 2. Assess environmental factors that influence the healthcare needs and preferences of individuals as members of families. 3. Utilize principles of health teaching and counseling with clients. 4. Utilize scientific principles in the demonstration of selected psychomotor skills.   8. Recognizes accountability for personal and professional behaviors. | |
| CLINICAL/LABORATORY SCHEDULE  Section Days: Monday through Friday  All sections See Clinical Practice I Calendar for all activity times  EXTRA SKILLS LAB PRACTICE/OPEN LAB:  For students who desire or need additional practice time with skills, the NRC lab will be available on Monday and Wednesday from 1700-1900 on most official school day. See sign-up  instructions for details.  E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).  It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.  Course websites are generally made available on the Friday before the first day of classes. | |

ATTENDANCE

Students are expected to be present for all scheduled clinical practice experiences and seminars. Students who have extraordinary circumstances preventing attendance should explain these circumstances to the course instructor **prior** to the scheduled clinical practice experience or seminar. Instructors will then make an effort to accommodate **reasonable** requests. A grade penalty may be assigned for unexcused seminar or clinical absences. The faculty member will advise the method of notification for absences to the clinical site e.g. phone, email, and notification of facility.

ACCOMMODATIONS DUE TO DISABILITY

Each semester, students are responsible for requesting a memorandum from the Disability Resource Center (<http://www.dso.ufl.edu/index.php/drc/>) to notify faculty of their requested individual accommodations. This should be done at the start of the semester.

COUNSELING AND MENTAL HEALTH SERVICES

Students may occasionally have personal issues that arise on the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with an instructor and to seek confidential assistance at the University of Florida Counseling and Wellness Center, 352-392-1575, visit their web site for more information: <http://www.counseling.ufl.edu/cwc/>.

STUDENT HANDBOOK

Students are to refer to the College of Nursing Student Handbook for information about College of Nursing policies, honor code, class demeanor and professional behavior. <http://nursing.ufl.edu/students/student-policies-and-handbooks/>.

STUDENT SOCIAL NETWORKING POLICY

Important information regarding social networking web site policy is available at <http://nursing.ufl.edu/files/2011/05/S1.20-Student-Social-Networking-Policy.pdf>

ACADEMIC HONESTY

The University of Florida Student Conduct and Honor Code may be found at http://www.dso.ufl.edu/index.php/sccr/process/student-conduct-honor-code/

TOPICAL OUTLINE

1. Safety
2. Asepsis
3. Standard precautions
4. Isolation techniques
5. Hygiene
6. Nutrition
7. Hydration
8. Intake and output
9. Mobility
10. Positioning
11. Transfer
12. Ambulation
13. Elimination
14. Regulation – Glucose Monitoring
15. Oxygenation
16. Delivery systems

TEACHING METHODS

Lecture, discussion, demonstrations, supervised laboratory and simulation experiences, and supervised clinical experiences.

LEARNING ACTIVITIES

Laboratory skills practice, seminar, community and acute care clinical experiences.

EVALUATION METHODS/CLINICAL EVALUATION

Clinical courses are evaluated using the Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Clinical evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. **The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.** A rating of less than satisfactory in any of the areas at semester end will constitute a course grade of E. Regardless of the classroom grade, the student receiving an unsatisfactory evaluation in the clinical component of the course will be assigned a course grade of E or U.

The faculty member will hold evaluation conferences with the student and clinical preceptor, if applicable, at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Advisement Record. This summary will be signed by the faculty member and student. Mid-rotation evaluation conferences will be made available to each student. **Final evaluation conferences with the faculty member are mandatory** and will be held during the last week of each course. A student may request additional conferences at any time by contacting the faculty member.

Nursing Resource Center (NRC) and Acute Adult Clinical Experience Uniform – required and

consists of white pants and a navy top made of scrub or uniform material.  Socks, stockings, and

belts are required to all be white.  Shoes must be closed heel and toe, nonporous, and primarily

white.  A white lab coat is optional. Overall appearance must convey a professional image.

Personal hygiene and grooming should be of a standard that insures the safety and comfort of

clients.

Community Uniform – required and consists of khaki long pants and either a white or navy UF

polo. Socks are required, and belts if necessary, and must convey a professional image. Overall

appearance, personal hygiene and grooming should be of a standard that insures the safety and

comfort of clients.

Students must arrive to all clinical practice activities with all the required equipment necessary

for scheduled activities.

Activated cell phones and pagers must be turned off in the NRC. For community and acute adult experiences, cell phone use is at the discretion of the faculty.

Preparation for clinical practice skills laboratory experiences include: viewing weekly assigned videos, being prepared as evidenced by arriving to scheduled laboratory sessions on time with pre-lab preparation as assigned, and participating in laboratory experiences as scheduled.

MAKE UP POLICY

Information regarding requirements for class attendance and make-up exams, assignments, and other work are consistent with university policies and can be found at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

GRADING SCALE

S Satisfactory

U Unsatisfactory

Evaluation of the clinical nursing skills didactic will be based on the satisfactory completion of all assignments, which includes participation. Seven (7) quizzes via Canvas will be administered. Students must achieve an average grade of 74 or higher in order to achieve a satisfactory course grade. An Unsatisfactory grade may be assigned for late or missing quizzes. Make-up opportunities are at the discretion of faculty.

For more information on grades and grading policies, please refer to University’s grading policy:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

FACULTY EVALUATION

Students are expected to provide feedback on the quality of instruction in this course based on ten criteria. These evaluations are conducted online at <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu>.

REQUIRED TEXTBOOKS

Elsevier.  (2013). *Simchart 1-Year*.  St. Louis:  Mosby.

Mosby’s Nursing Video Skills. (2013). *Basic, intermediate, & advanced skills:  Student version DVD 4th ed.* St. Louis: Mosby/Elsevier

Perry, A.G. Potter, P.A. & Ostendorf, W.  (2013). *Clinical nursing skills & techniques* (8th ed.).  St. Louis: Mosby/Elsevier

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D.  (2014). *Maternal child nursing care* (5th ed.).Maryland Heights, MO: Mosby.

REQUIRED TEXTBOOKS (continued):

Potter, P. A. & Perry, A.G.  (2013). *Fundamentals of nursing* (8th ed.).  St. Louis:

Mosby/Elsevier

Silvestri, L.A.  (2014). *Saunders comprehensive review for the NCLEX-RN examination* (6th

ed.). St. Louis, MO: Saunders.

Townsend, M.C. (2014). *Essentials of psychiatric mental health nursing: Concepts of care in*

*evidence-based practice* (6th ed.). Philadelphia: FA Davis.

RECOMMENDED TEXTBOOKS

Books from NUR 3138; NUR 3069C

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12; 02/14  09/09; 03/12; 02/14  10/09; 04/12 |