UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2014

COURSE NUMBER NUR 3738 Section 049C

COURSE TITLE Systems of Care 2: Restoration of Wellness

CREDITS 3

PLACEMENT BSN Program: 2nd Semester Upper Division

PREREQUISITES NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

NUR 3129 Pathophysiology and Psychopathology

NUR 3069C Health Assessment and Communication

COREQUISITES NUR 3145 Pharmacology for Nursing

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| FACULTY | OFFICE | PHONE | OFFICE HOURS |
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| Sandra Wolfe Citty, PhD, ARNP  Clinical Assistant Professor  [swolfe@ufl.edu](mailto:swolfe@ufl.edu) | HPNP-3219 | Office:  (352) 273-6374  Cell:  (352) 356-1581 | Fridays  12-2pm |
| Heidi Magyar, MSN, ARNP  Clinical Assistant Professor  [hcrowe@ufl.edu](mailto:hcrowe@ufl.edu) Stacia Hays DNP, ARNP, CPNPClinical Assistant Professor[smhays@ufl.edu](mailto:smhays@ufl.edu) | HPNP-4219  HPNP- 2232 | Office:  (352) 273-6577  Cell:  (352) 895-8717  Office:  (352) 273-6352 | Mondays  11:30am-1:30pm  Mondays  2-4pm |
| DEPARTMENT CHAIR  Susan Schaffer, PhD, ARNP, FNP-BC  [sdschaf@ufl.edu](mailto:sdschaf@ufl.edu)  HPNP 2229  Office (352) 273-6366  Office Hours: By Appointment  JACKSONVILLE CAMPUS DIRECTOR  Andrea Gregg, DSN, RN  [greggac@ufl.edu](mailto:greggac@ufl.edu)  Jacksonville Campus  Office (904) 24-5172  Office Hours: By Appointment |  |

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COURSE DESCRIPTION The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for clients with common acute and chronic illnesses across the lifespan and for intrapartal women. Emphasis is on principles of safe and effective delivery of care to diverse clients with disease, injury and disability in a variety of settings. Focus is on clients with a medium to high potential for wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze the healthcare needs of clients with selected common acute and chronic illnesses across the lifespan.
2. Incorporate principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.
3. Incorporate the health beliefs, values, attitudes and practices of individuals and families into the development of plans of care.
4. Develop evidence-based plans of care using principles of quality and safety.
5. Analyze interprofessional plans of care for clients with common acute and chronic illnesses across the lifespan.
6. Examine nurse-sensitive indicators that influence utilization of resources in delivery of effective care.

COURSE SCHEDULE

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| Day | Time | Room |
| Monday | 0830-0920 | HPNP-G103 |
| Tuesday | 0935-1130 | HPNP-G103 |

E-Learning in Sakai is the course management system that you will use for this course. E-Learning in Sakai is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

ATTENDANCE

Students are expected to be present for all scheduled classes, other learning experiences, and examinations. Students who have extraordinary circumstances preventing attendance should explain these circumstances to the course instructor **prior** to the scheduled class or as soon as possible thereafter. Instructors will then make an effort to accommodate **reasonable** requests. A grade penalty may be assigned for late assignments, including tests.

ACCOMMODATIONS DUE TO DISABILITY

Each semester, students are responsible for requesting memorandum from the Disability Resource Center (<http://www.dso.ufl.edu/index.php/drc/>) to notify faculty of their requested individual accommodations. This should be done at the start of the semester.

COUNSELING AND MENTAL HEALTH SERVICES

Students may occasionally have personal issues that arise on the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with an instructor and to seek confidential assistance at the University of Florida Counseling and Wellness Center, 352-392-1575, visit their web site for more information: <http://www.counseling.ufl.edu/cwc/>.

STUDENT HANDBOOK

Students are to refer to the College of Nursing Student Handbook for information about University & College of Nursing policies, Academic Honesty, class demeanor, and professional behavior. <http://nursing.ufl.edu/students/student-policies-and-handbooks/>

ACADEMIC HONESTY

The University of Florida Student Conduct and Honor Code may be found at http://www.dso.ufl.edu/index.php/sccr/process/student-conduct-honor-code/

TOPICAL OUTLINE

I. General Approach

Use of the problem solving process to develop interdisciplinary plans of care.

1. Application of concepts to exemplars across the lifespan
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care

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| 1. CONCEPTS to be introduced in this course: For each concept provide definition, background/theories, assessment tools, nurse sensitive indicators, and evidence-based standards of care. CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| ROLE | Parent/infant attachment, sick role |
| TISSUE INTEGRITY | Surgical wounds, pressure ulcers, infection |
| COMFORT | Acute pain |
| OXYGENATION | Dyspnea |
| PERFUSION | Hemorrhage, deep vein thrombosis |
| SLEEP | Insomnia |
| AFFECT | Sadness, Bereavement |
| COGNITION | Confusion |
| STRESS | Anxiety |
| PERCEPTION | Hearing and visual impairment |
| METABOLISM | Obesity, hyper/hypoglycemia, nausea and vomiting, fluid and electrolyte imbalance |

2. CONCEPTS to be reviewed in this course: For each concept provide assessment tools, nurse sensitive indicators, and evidence-based standards of care.

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| CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| Safety | Falls, Medication Errors |
| Nutrition | Malabsorption, Malnutrition |
| Elimination | Diarrhea, constipation, incontinence, ileus |

3. EXEMPLARS: For each exemplar, tie to related concepts, identify specific nursing problems and specific nursing interventions across the life span where applicable (eg. Monitoring, medications and their administration, teaching, interdisciplinary collaboration, therapeutic communication and comfort measures)

a. Intrapartal woman/fetus/newborn

b. Patient requiring perioperative care

c. Patients with:

1) pneumonia/asthma

2) angina/congenital heart disease

3) depression/delirium/sick role/ bereavement

4) diabetes

5) fractures/immobility

6) irritable bowel syndrome

TEACHING METHODS

Lecture, small group discussions, and electronic sources

LEARNING ACTIVITIES

Participation in large and small group activities, class presentations, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

Evaluation will be based on four (4) multiple-choice exams, quizzes (online in SAKAI and in class unannounced quizzes) and four (4) On-Line EVOLVE HESI RN Practice Tests:

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| **EXAM I Monday September 22, 2014** | **60 Questions** | **20%** | **CG 28 Computer Lab**  **0800-0930** |
| **EXAM 2 Monday October 20, 2014** | **60 Questions** | **20%** | **CG 28 Computer Lab**  **0800-0930** |
| **EXAM 3 Monday November 17, 2014** | **60 Questions** | **20%** | **CG 28 Computer Lab**  **0800-0930** |
| **EXAM 4 Cumulative Final Exam**  **Thursday December 18, 2014** | **100 Questions** | **30%** | **CG 28 Computer Lab**  **1030-1230** |
| **SAKAI Quizzes/ In class quizzes** | **Number of questions and type of questions will vary and may include multiple choice, short answer, fill in the blank and T/F** | **10%** | **In Class or Scheduled online** |
| **(4) EVOLVE RN Practice Tests:**  Maternity Assignment Exam NUR3738  – Due **Friday 9/19/14**  Pediatrics Assignment Exam NUR3738  – Due **Friday 10/31/14**  Psychiatric-Mental Health Assignment Exam NUR3738  – Due **Friday 11/14/14**  Medical-Surgical Assignment Exam NUR3738  – Due **Friday 12/12/14** |  | Each test is  Pass-Fail.  Must score 74% or above on each test to PASS.  May be taken multiple times.  Each exam will close at 11:59pm on the due date | Online  <https://evolve.elsevier.com/cs/Satellite/StudentHome?Audience=Student> |
| **Final Grade** |  | **100%** |  |
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***YOU MUST SCORE A 74% AVERAGE ON ALL EXAMS IN ORDER TO PASS THIS COURSE. QUIZZES WILL BE ADDED IN TO FINAL GRADE AND COUNT AS 10% FOR ALL STUDENTS PASSING EXAMS.***

The **final exam is cumulative** and MUST be taken at the scheduled date/time.

MAKE UP POLICY

**Missed exams will NOT be made up.**

**The % weight of a missed exam will be added to the % weight of EXAM 4 (The cumulative final exam).**

You MUST **notify Professor Kelley *IN ADVANCE*** if you are going to miss an exam.

Failure to notify Professor Kelley may result in a 0% for that missed exam.

**NO drinks or food allowed in computer testing sites.**

All backpacks (books, study materials, etc.), caps/hats, pagers (turned off), and cell phones (turned off) are to be placed in the front of the exam or exam review room or in the storage space provided in testing areas.

QUIZZES: There will be a number of quizzes given this semester including online quizzes in SAKAI and quizzes administered periodically in class. An average of these quiz grades will count as 10% of the final grade for students achieving a 74% passing rate on the four exams in this course.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

The College of Nursing (CON) requires completion of a series of special assessment examinations for all baccalaureate students. The rationale for these assessment exams is to help prepare students to be successful on the National Council Licensing Examination (NCLEX) which is required for licensure as a registered nurse. The **Mid-Curricular Examination** is administered to all students at the end of the second semester of study and is a required learning activity for NUR 3738 *Systems of Care 2: Restoration of Wellness*. Students will receive individual feedback on exam results. In addition, the Health Education Systems, Inc. (HESI) **Exit Examination** administered in the fourth semester satisfies the Florida Board of Governors and University of Florida requirements for nursing student learning outcomes prior to graduation.

The ***Elsevier Testing Package***, which contains the materials used in semesters 2, 3 & 4, as preparation and testing which includes the RN Practice Exams, Mid-Curricular Exam, Live 3-Day Review Course, and the Exit Exam. The package costs are spread out over the three semesters to ease the burden. The cost is $146.00 per semester. Registration will be arranged in August during the first week of class with the first fee payment required during this time.

The **Mid-Curricular Exam** will be administered during finals week in CG-28. There are 110 items on the exam and you will have up to 2.5 hours to complete the computerized exam. Students needing testing accommodations must discuss in advance with Dr. Sharon Bradley. The CON NRC Computer Lab will be the testing site for students with accommodations.

REQUIRED TEXTBOOKS

Lewis, S.L., Dirksen, R.F., Heitkemper, M.M., Bucher, l., & Camera, I.M. (2014).

*Medical-Surgical nursing: Assessment and management of clinical problems* (9th ed.).

St. Louis, Mo: Mosby

Perry, A. G, Potter, P. A., & Ostendorf, W. (2014). *Clinical nursing skills & techniques*. (8th ed.).

St. Louis, MO: Mosby/Elsevier.

Potter, P.A. & Perry, A.G. (2013). *Fundamentals of nursing* (8th ed.). St. Louis, MO:

Mosby/Elsevier.

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D. (2014). *Maternal child nursing*

*care* (5th ed.). Maryland Heights, MO: Mosby/Elsevier.

Townsend, M.C. (2013). *Essentials of psychiatric mental health nursing: Concepts of care in*

*evidence-based practice. (*6th ed.). Philadelphia, PA: FA Davis.

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12  09/09; 03/12  10/09; 04/12 |