UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SEMESTER/YEAR

COURSE NUMBER NUR 3069C Section 1185

COURSE TITLE Health Assessment and Communication

CREDITS 3 (2 credits didactic; 1 credit laboratory)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITE Admission to Upper Division BSN Program

COREQUISITE NUR 3129 Pathophysiology and Psychopathology

NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

FACULTY Karen S. Reed, MSN, DHSc, RN, CNL, CRRN

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COURSE DESCRIPTION This purpose of this course is to examine therapeutic communication and health assessment principles and techniques. Emphasis is on development of therapeutic communication skills and assessment of the health of individuals across the lifespan. Focus is on development of therapeutic relationships and the use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Utilize therapeutic communication techniques within the nurse-client relationship.
2. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
3. Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.
4. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
5. Document health assessment data in accordance with legal and ethical guidelines.
6. Identify principles used in electronic recording of patient care information.

COURSE SCHEDULE

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Communication across the lifespan
   1. Active listening
   2. Empathy
   3. Silence
   4. Touch
   5. Paraphrasing
   6. Clarifying
   7. Focusing
   8. Summarizing
   9. Self-disclosing
   10. Confronting
2. Problem solving process in nursing practice
3. Critical thinking and decision making
4. Assessment
   1. Overview
   2. Health history
   3. Functional Health Pattern assessment
   4. Developmental assessment
   5. Cultural assessment
   6. Mental status assessment
   7. Physical examination
      1. Techniques
      2. System review
5. Communication of health assessment data
6. Collaboration with interprofessional healthcare team
7. Electronic health records

TEACHING METHODS

Lecture, demonstration, and guided laboratory (NRC) practice sessions.

LEARNING ACTIVITIES

Reading assignments, online videos, return demonstrations, and simulated laboratory experiences.

Nursing Resource Center (NRC) Uniform

The dress code for the NRC consists of your hospital clinical uniform guidelines.

ROUTINE NRC SCHEDULE

Session 1: 1-1:55PM Groups 1-10, 1-11, & 1-12

Session 2: 2-2:55PM Groups 1-6, 1-7, & 1-9 (There is no Group 1-8.)

Session 3: 3-3:55PM Groups 1-3, 1-4, & 1-5

Session 4: 4-4:55PM Groups 1-1 & 1-2

Attendance is required. Students may not swap assigned times.

EVALUATION METHODS/COURSE GRADE CALCULATION

Exam 1 25%

Exam 2 25%

Exam 3 26%

NRC Attendance & Participation\* 24%

TOTAL 100%

\* Students are expected to prepare for the weekly NRC lab topic using their textbooks and student laboratory manual. Students will receive 1 point weekly for NRC attendance and 1 point weekly for demonstrating adequate preparation for the NRC activities.

MAKE UP POLICY

*Missed NRC Session*

Students missing an assigned NRC session will meet the following Friday 4:30-5PM. The student is required to bring a partner for the session.

If an excused absence: the student will receive credit for attending and preparing for the required make up session.

If an unexcused absence: the student will receive no credit for attending the required make up session. However, 1 point for demonstrating adequate preparation may be earned.

*Missed Exams*

1. If you have an excused absence, you may make up a maximum of one missed exam in a semester. The makeup exam will be scheduled during finals week; exact location and date/ time of exam is TBA at availability of instructor and secured testing area.
2. If you have an excused absence and you should miss more than one exam, the grades for the other two exams will equal 76% of the grade. You may not make up more than one exam.
3. If you have an unexcused absence, the grade for that exam is 0%.

GRADING SCALE/QUALITY POINTS

|  |  |  |
| --- | --- | --- |
| A | 95-100 | (4.0) |
| A- | 93-94 | (3.67) |
| B+ | 91-92 | (3.33) |
| B | 84-90 | (3.0) |
| B- | 82-83 | (2.67) |
| C+ | 80-81 | (2.33) |
| C | 74-79\* | (2.0) |
| C- | 72-73 | (1.67) |
| D+ | 70-71 | (1.33) |
| D | 64-69 | (1.0) |
| D- | 62-63 | (0.67) |
| F | 61 or below | (0.0) |

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

REQUIRED RESOURCE

Exam soft will be utilized in this course for the administration of examinations. Students will be instructed by faculty on how to access and pay for this required resource.

REQUIRED TEXTBOOKS

Ackley, B. & Ladwig, G.  (2013).  *Nursing diagnosis handbook:  An evidence-based guide to*   
*planning care* (10th ed.).  St. Louis:  Mosby/Elsevier.

Jarvis, C. (2015). *Physical examination and health assessment* (7th ed.)  St. Louis:

Saunders/Elsevier.

Jarvis, C. (2015). *Pocket companion for physical examination and health assessment* (7th ed.).

St. Louis: Saunders/Elsevier.

Jarvis, C. (2015). *Physical examination and health assessment student laboratory* *manual* (7th ed.).

Saunders/ Elsevier.

Mosby's Nursing Video Skills: Physical Examination and Health Assessment, 2e (2011).

Potter, P. A. & Perry, A.G.  (2013).  Fundamentals of nursing (8th ed.).  St. Louis:   
            Mosby/Elsevier.      

Perry, A.G. & Potter, P.A. (2013). Clinical nursing skills and techniques. (8th ed.). St. Louis;

Mosby/ Elsevier

WEEKLY CLASS SCHEDULE

|  |  |  |  |
| --- | --- | --- | --- |
| **WEEK/ DATE** | **LECTURE TOPIC** | **EXAMS** | **LAB TOPIC** |
| 1 08.24 | Health Interview; Communication; Nursing Process; FHP |  | 08.28 Interview |
| 2 08.31 | General Survey; Vital Signs Pain; Growth and Development |  | 09.04 Vital Signs & Pain Assessment  Week 1 |
| 3 09.07 | Culture; Skin, Hair, Nails Assessment; Nutrition |  | 09.11 Vital Signs & Pain Assessment  Week 2 |
| 4 09.14 | HEENT  Class on 9/17- HSC C1-9 |  | 09.18 No Lab |
| 5 09.21 | Pulmonary and Neck Vessels/ Lymphatics | **EXAM 1:**  09.23.2015  Wednesday  3:30-5:30PM  HPNP Auditorium | 09.25 HEENT; Skin, Hair, Nails Assessment |
| 6 09.28 | Breast & Regional Lymphatics |  | 10.02 Pulmonary, Neck Vessels, Breasts & Lymphatics  Week 1 |
| 7 10.05 | Cardiovascular Vascular Assessment |  | 10.09 Pulmonary, Neck Vessels, Breasts & Lymphatics  Week 2 |
| 8 10.12 | Peripheral Vascular Assessment |  | 10.16 CV/ Peripheral Vascular Assessment  Week 1 |
| 9 10.19 | Abdominal Assessment |  | 10.23 CV/ Peripheral Vascular Assessment  Week 2 |
| 10 10.26 | Musculoskeletal Assessment  Class on 10/29- HSC C1-9 | **Exam 2:**  10.28.2015  Wednesday  2:30-4:30PM  HSC MSB 2-200 | 10.30 Abdominal & Musculoskeletal Assessment |
| 11 11.02 | Genitourinary: Male/ Female |  | No Lab- Homecoming |
| 12 11.09 | Neurological Assessment; Mental Health Interview |  | 11.13 Neuro Assessment  Week 1 |
| 13 11.16 | Pregnant / Post-Partum Women;  Domestic Violence |  | 11.20 Neuro Assessment  Week 2 |
| 14 11.23 | No Class- Thanksgiving |  | No Lab- Thanksgiving |
| 15 11.30 | Newborn Assessment |  | 12.04 OB/ Newborn Assessment |
| 16 12.07 | No Class- Reading Days |  | No Lab- Reading Days |
|  |  | **EXAM 3:**  Wednesday  12.16.2015  2:30-5:30PM  HPNP Auditorium |  |

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

Academic Honesty

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

|  |  |  |
| --- | --- | --- |
| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 02/03, 12/03; 09/09; 02/14  02/03, 01/04; 09/09; 02/14  05/03; 10/09 |