UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER/2016

COURSE NUMBER NUR 3069C, Section 7029

COURSE TITLE Health Assessment and Communication

CREDITS 3 (2 credits didactic; 1 credit laboratory)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITE Admission to Upper Division BSN Program

COREQUISITE NUR 3129 Pathophysiology and Psychopathology

NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

FACULTY Jane Gannon, DNP, CNM, CNL

Clinical Assistant Professor

Office: Jacksonville LRC, 3rd Floor

Office Hours: Mondays 3:00 to 5:00 pm

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COURSE DESCRIPTION The purpose of this course is to examine therapeutic communication and health assessment principles and techniques. Emphasis is on development of therapeutic communication skills and assessment of the health of individuals across the lifespan. Focus is on development of therapeutic relationships and the use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Utilize therapeutic communication techniques within the nurse-client relationship.
2. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
3. Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.
4. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
5. Document health assessment data in accordance with legal and ethical guidelines.
6. Identify principles used in electronic recording of patient care information.

COURSE SCHEDULE

Day Time Location

Mondays Group 1 9:00-12:00 pm CeSar Lab (Pavilion Bldg) 2nd Floor

Group 2 1:00-4:00 pm

COURSE SCHEDULE (CONTINUED)

E-Learning in Canvas is the course management system that you will use for accessing content in this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at elearning.ufl.edu. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Communication across the lifespan
   1. Active listening
   2. Empathy
   3. Silence
   4. Touch
   5. Paraphrasing
   6. Clarifying
   7. Focusing
   8. Summarizing
   9. Self-disclosing
   10. Confronting
2. Problem solving process in nursing practice
3. Critical thinking and decision making
4. Assessment
   1. Overview
   2. Health history
   3. Functional Health Pattern assessment
   4. Developmental assessment
   5. Cultural assessment
   6. Mental status assessment
   7. Physical examination
      1. Techniques
      2. System review
5. Communication of health assessment data
6. Collaboration with interprofessional healthcare team
7. Electronic health records

TEACHING METHODS

Online mini-lectures, demonstration, and guided laboratory practice sessions.

LEARNING ACTIVITIES

Reading assignments, online videos and lectures, return demonstrations, and simulated laboratory experiences.

EVALUATION METHODS/COURSE GRADE CALCULATION

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| --- | --- | --- |
| Lab Attendance/Participation  Weekly Lab Assignments | 25%  5% | 3 points total per lab session.  Includes lab manual assignment submission and SBAR activities |
| Shadowhealth Activities #1-8  Shadowhealth Activity #9 | 10%  5% | S/U (1.25 points per activity if >74% score)  S/U (all 5% if >74% score achieved, otherwise 0%) |
| Video Performance Exam | 5% | S/U (all 5% if score of >74% achieved, otherwise 0%) |
| Exams (3) | 30% | 50 multiple choice questions |
| Final exam | 20% | 100 multiple choice questions |
| Total | 100% |  |

GRADING

JAX Lab Attendance/Participation: There will be a total of 9 lab meeting times that are mandatory to the course. Three (3) points are given for attendance and participation in each Lab session. For attendance, points will not be given for students who exit lab prematurely. Students will sign in and out of each lab session. The lab is located in part of UFHealth Jax called the Pavilion where patient care occurs. Students are therefore expected to dress appropriately. This can include either your clinical uniform, or khakis and UF shirt, or similar attire. No beach attire, no cutoffs or flip flops. Covered shoes are required in the setting.

JAX Lab Assignments: Score is based on completion and submission of the Jarvis (2015b) manual assignments for the corresponding lab, as well as performance on 3 Shadowhealth based SBAR assignments. For any missed assignments/ lab sessions, see *Make Up Policy*.

Shadow Health Activities: There are a total of 9 Shadow Health activities. All Shadow Health activities are mandatory and are required to be completed before the associated Lab time, other than the final comprehensive Shadowhealth activity, which is scheduled and scored separately.

These are broken down as follows:

7 focused, system based assessments of the virtual patient

1 comprehensive history

1 comprehensive history and physical assessment

Examinations: There are a total of 4 examinations, one of which is a final, comprehensive examination. For exams 1-3, each examination is worth 10% of the total grade. The final examination, being comprehensive, is worth 20% of the total grade. These exams are all multiple choice and will be delivered using Examsoft.

MAKE UP POLICY

Alternative or make up activities will only be made available in the event the faculty member is notified prior to the missed event and the absence meets university attendance policy criteria. Excused absences include personal illness or a death in the immediate family, and those outlined in the University’s Attendance Policies here: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>. Documentation and prior notice supporting any absence are required. Work, family events, vacations, or other related

MAKE UP POLICY (CONTINUED)

activities that cause a missed assignment, missed exam or missed attendance in the lab are not excusable absences.

Missed Lab Session

* For an excused absence: The student will receive full credit (3 points) for preparing for and attending a required make up session
* For an unexcused absence: No makeup lab session will be provided. The student may check out equipment to practice the missed skills on her or his own.

Missed Examinations

* For an excused absence, a makeup exam will be provided outside of lab time. The exam will be proctored in the College of Nursing on the Jacksonville campus.
* For an unexcused absence, no makeup exam is available. Scores on remaining exams will be averaged. If two exams are missed, a score of 0 will be assigned for the second missed exam.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT (CONTINUED)

for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

Your well-being is important to the University of Flo­­rida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu) so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

REQUIRED TEXTBOOKS

Ackley, B . & Ladwig, G. (2013). *Nursing diagnosis handbook: An evidence-based guide to planning care, (10th Ed.).* Maryland Heights, MO: Mosby.

Jarvis, C. (2015a). *Physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

Jarvis, C. (2015b). *Physical examination and health assessment student laboratory manual* (7th ed.). St. Louis: Saunders/Elsevier.

Shadow Health- All students are required to purchase access to the Shadow Health Digital Clinical Experience. The cost is $99.00 and is separate from the book bundle. To register for Shadow Health, please visit [app.shadowhealth.com](http://app.shadowhealth.com/) and click "Register for a *Student Account."* Then enter your May 2016 PIN to enroll and purchase access,Course Registration PIN for Students: **Summer2016-6964-8858-0196-1350**

* Shadow Health Website: [http://app.shadowhealth.com/](http://securemail.shadowhealth.com/wf/click?upn=U60LdexMNVIbW9M8b6ISefAEF0g-2BBsdon-2FUAtF9D-2Bkf5UvwhHgZByigvV-2Bj4gimi_lNt1d4YGaxlmLL5eUine3MJ2dPcb6chUuEbDex1Z68aIgNvq-2BTqnryw1pC9qBlPR7wQm9VclUYGGBgQSnOY4osT2xhFcUrC3jDsMndZWEIBCzFWU-2Bd31BSJ2fW044oDKYXU2sDKrsW5lpZm-2BTnRY38KKTvAXeZ65Jm7thAexVysp-2BfEzFa7yMM3EhfhcWid-2BOfssFdE2bFolU0PEWmIm6A-3D-3D)
* Student Account Setup Guide: [http://bit.ly/How\_to\_Register](http://securemail.shadowhealth.com/wf/click?upn=PnKMbtwIbve-2F41PjiceFaFvAU1XBWbW1JpzWi5DRWfoyJg8t2rgAqLGDffUNspal_lNt1d4YGaxlmLL5eUine3MJ2dPcb6chUuEbDex1Z68aIgNvq-2BTqnryw1pC9qBlPRAJAuPpLPBa6-2BxPAgbcgQ90m-2FRfs9muR52dMYJ56X-2FkozHgJ7L7BTeyCN4AAQl9CrGCl34p0XCx-2BrpgyF1IlyDxIe6hruldfLIZc24CznsiN4i46rjvnP-2FZ1i6-2BuN1vPHhO7lcPKCXUypILa0l-2FNarQ-3D-3D)
* Technical Requirements: [http://bit.ly/System\_Requirements](http://securemail.shadowhealth.com/wf/click?upn=PnKMbtwIbve-2F41PjiceFaB-2Bll7AnYPvyRuaF8sbg26oHe5uXvYMolNaDE10sefp8_lNt1d4YGaxlmLL5eUine3MJ2dPcb6chUuEbDex1Z68aIgNvq-2BTqnryw1pC9qBlPRNTPnXf-2Bi1M8HtTdxvj2rX4mdEl3U0xKhQdhHUKlSx8Txj1PKjvvHOBCyqH8hWcAvAXBMRZDR-2BiZYaZZP4bBKnj5QQS8g-2BQiZYGSHWez8ET1jS3otqWGW2euG8NdoXLsrEBPw1lSqHIwdzbFHFCti7w-3D-3D)
* Link to Shadow Health Support: [http://support.shadowhealth.com](http://securemail.shadowhealth.com/wf/click?upn=198PZiO-2FpnWUhnHjZpidipp7ST8uyzorTwWVKLfF7dSTMwMzi1bnH2p7snj3MfB-2B_lNt1d4YGaxlmLL5eUine3MJ2dPcb6chUuEbDex1Z68aIgNvq-2BTqnryw1pC9qBlPRyR9NKcplC6-2Bxs3Wpa-2BV0EJrn6afam-2BMHvaAorPzlKnmP-2FYqrW52gGQJpLxRx4VINNgxTaWY4I2mywNwD1UHe7YMS6FjezRm9G6hcRnWCdCoZ5FFHOwfDw2iXt82m-2Bg9-2BxvGVxzwVH6mabmeGWEslog-3D-3D)

RECOMMENDED

Jarvis, C. (2015c). *Pocket companion for physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

Perry, A. G., & Potter, P. A. (2013). *Clinical nursing skills and techniques* (8th ed.). St. Louis: Mosby/Elsevier.

Potter, P. A., & Perry, A. G. (2017). *Fundamentals of nursing* (9th ed.). St. Louis: Mosby/Elsevier.

WEEKLY CLASS/LAB SCHEDULE

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| **WEEK/**  **DATE** | **CONTENT AREA \***Begin preparing for Monday lab by starting online activities every Wednesday | **LEARNING ACTIVITIES** | **EVALUATION ACTIVITIES** | **LAB TOPIC**  **\*\*NOTE GROUP TIME** | |
| Week 1:  5/9-5/10\* | Course Introduction  Problem solving  Evidence-Based Assessment  General Survey  Pain Assessment  Communication | Jarvis: Ch. 1, 2, 3, 4  Jarvis Lab Manual: Ch. 1, 3, 4 (p.25-28)  *Weekly assigned readings are all to be completed prior to lab* | 1. Shadow Health Orientation 2. Lab Manual – p. 29-36,   Start lab manual assignments in lab and then submit by posted date.  Both due 5/11, Midnight | **Week 1**  **Lab May 9**  Introduction  General Survey  Pain Assessment  Group 1: 9:00am-12:00 pm  Group 2: 1:00-4:00 pm | |
| Week 2:  5/11-5/17 | The nursing process  Vital Signs  Skin, Hair, Nail Assessment  Cultural Competence | Ackley: Section I Part A p. 1-10, 106  Jarvis: Ch. 8, 9, 10, 12  Jarvis Lab Manual: Ch. 8, 9 (p.63-70), 10, 12 (p.85-92) | 1. Shadow Health Assignment: Skin, Hair, Nails  Due 5/15 Midnight 2. Lab Manual – p. 71, p.93-94 Due 5/17 Midnight 3. Care Planning Activity: Due May 20th, by 5pm | **Week 2**  **Lab May 16**  Vital Signs  Skin, Hair, Nail Assessment  Group 1: 9:00am-12:00 pm  Group 2: 1:00-4:00 pm | |
| Week 3:  5/18-5/24 | HEENT (Head, Ear, Eyes, Nose, Throat) & Lymph | Ackley: Section III Each week, use the Ackley test to locate nursing diagnoses relevant to that week’s system  Jarvis: Ch. 13, 14, 15, 16  Jarvis Lab Manual: Ch. 13 (p.97-102), 14 (p. 105-114), 15 (p.117-124), 16 (p.127-134) | **Exam 1: 5/23**  Group 1: 9:00am-10:00 am  Group 2: 1:00-2:00 pm   1. Shadow Health Assignment: HEENT Due 5/22 Midnight 2. Lab Manual – p. 103-104, p.115-116, p.125-126, p.135-136 Due 5/24 Midnight | **Week 3**  **Lab May 23**  HEENT Assessment  Group 1: 10:00am-12:00 pm  Group 2: 2:00-4:00 pm  (Lab preceded by exam 9-10 in am and 1-2 in pm) | |
| **WEEK** | **CONTENT AREA** | **LEARNING ACTIVITIES** | **EVALUATION ACTIVITIES** | **LAB TOPIC**  **\*\*NOTE GROUP TIME** | |
| Week 4:  5/25-5/31 | Breast Assessment\*  Pulmonary Assessment\*  \*NOTE: Due to 5/30 holiday, no lab this week. These skills will be practiced in the next lab session | Ackley: Use as needed  Jarvis: Ch. 17, 18  Jarvis Lab Manual: Ch. 17 (p.137-144), 18 (p.149-158) | 1. Shadow Health Assignment: Respiratory Due 5/29 Midnight 2. SBAR Cough Due 5/29 Midnight 3. Lab Manual – p. 145-146, p. 159-160 Due 6/7 Midnight | **Week 4**  **Lab June 6th**  Breast Assessment  Pulmonary Assessment  Group 1: 9:00am-12:00 pm  Group 2: 1:00-4:00 pm | |
| Week 5:  6/1-6/7 | Cardiovascular Assessment | Ackley: Use as needed  Jarvis: Ch. 19, 20  Jarvis Lab Manual: Ch. 19 (p.161-171), 20 (p. 175-182) | 1. Shadow Health Assignment: Cardiovascular Due 6/5 Midnight 2. SBAR Brian Foster Due 6/5 Midnight 3. Lab Manual – p.172-174, p. 183-186 Due 6/7 Midnight | **Week 5**  **Lab June 6th**  Cardiovascular Assessment  Group 1: 9:00am-12:00 pm  Group 2: 1:00-4:00 pm | |
| Week 6:  6/8-6/14 | Abdominal Assessment  Genitourinary Assessment | Ackley: Use as needed  Jarvis: Ch. 21, 24, 25, 26  Jarvis Lab Manual: Ch. 21 (p.187-194), 24 (p.223-230), 25 (p.233-238), 26 (p.241-248) | **Exam 2: 6/13**  Group 1: 9:00am-10:00 pm  Group 2: 1:00-2:00 pm   1. Shadow Health Assignment: Abdomen Due 6/12 Midnight 2. SBAR Esther Park   Due 6/12 Midnight   1. Lab Manual – p.195-196, p.231-232, p.239, p. 249-251 Due 6/14 Midnight | **Week 6**  **Lab June 13th**  Abdomen Assessment  Genitourinary Assessment  Group 1: 10:00am-12:00 pm  Group 2: 2:00-4:00 pm |
| Week 7 | **Summer Break – No Class 6/18-6/24** | | | **No Lab** |
| **WEEK** | **CONTENT AREA** | **LEARNING ACTIVITIES** | **EVALUATION ACTIVITIES** | **LAB TOPIC**  **\*\*NOTE GROUP TIME** |
| Week 8:  6/15-17, and 6/27-28 | Musculoskeletal Assessment | Ackley: Use as needed  Jarvis: Ch. 22  Jarvis Lab Manual: Ch. 22 (p.197-204) | 1. Shadow Health Assignment: Musculoskeletal Due 6/26Midnight 2. Lab Manual – p.205-208 Due 6/28 Midnight | **Week 7**  **June 27th**  Musculoskeletal Assessment  Group 1: 9:00am-12:00 pm  Group 2: 1:00-4:00 pm |
| Week 9:  6/29-7/5 | Neurological Assessment\*  Mental Status Assessment\*  \*NOTE: Due to 7/4 holiday, no lab this week. These skills will be practiced in the next lab session | Ackley: Use as needed  Jarvis: Ch. 5, 23  Jarvis Lab Manual: Ch. 5 (p.37-42), 23 (p.209-217) | 1. Shadow Health Assignment: Neuro Due 7/3 Midnight 2. Lab Manual – p. 43-44, p.219-221 Due 7/12 Midnight | **Week 8**  **July 11th**  Neurological Assessment  Mental Status Assessment  Group 1: 9:00am-12:00 pm  Group 2: 1:00-4:00 pm |
| Week 10:  7/6-7/12 | Pregnant Woman Assessment  Assessment of the Post-Partum Woman  Assessment of the Neonate | Ackley: Use as needed  Jarvis: Ch. 28 (789-793), 30  Jarvis Lab Manual: Ch. 30 (p.281-296) | Complete Lab Manual before NRC lab time  Shadowhealth Assignment: Health History Due 7/12 Midnight | **Week 9**  **July 11th**  Assessment of the Pregnant and Postpartum Woman Newborn Assessment  Group 1: 9:00am-12:00 pm  Group 2: 1:00-4:00 pm |
| Week 11: 7/13-7/19 | Pediatric Assessment  Growth and Development | Ackley: Use as needed  Jarvis: Ch. 28  Jarvis lab Manual: Ch. 28 (p.265-274) | Exam 3: 7/18  Group 1: 9:00am-10:00 pm  Group 2: 1:00-2:00 pm | **Week 10**  **July 18th**  Pediatric/Elderly Assessment  Growth and Development  Group 1: 10:00am-12:00 pm  Group 2: 2:00-4:00 pm |

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| **WEEK** | **CONTENT AREA** | **LEARNING ACTIVITIES** | **EVALUATION ACTIVITIES** | **LAB TOPIC**  **\*\*NOTE GROUP TIME** |
| Week 12:  7/20-7/26 | Putting it all Together: Comprehensive Health Assessment | Ackley: Use as needed  Jarvis: Ch. 27, 29, 31  Jarvis Lab Manual: Ch. 31 (p.297-306) | 1. Shadow Health Assignment 8: Comprehensive Assessment Due 7/27 1 to 5:00 pm 2. Lab Manual p 261-264 Due 7/27 Midnight | **Week 11**  **July 25th**  Head to Toe Physical Exam Practice  Group 1: 9:00am-12:00 pm  Group 2: 1:00-4:00 pm |
| Week 13: 7/28-8/5 | Final Assessments   1. Video head to toe exam 2. Comprehensive multiple choice exam |  | 1. Final exam all groups 8/3, 1-3 pm 2. Video record an integrated comprehensive physical examination of a classmate and upload Due 8/2 Midnight | **Week 12**  **August 3rd**  Final exam Both JAX groups  1:00 pm – 3:00 pm in lab |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 02/03, 12/03; 09/09; 02/14  02/03, 01/04; 09/09; 02/14  05/03; 10/09 |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 02/03, 12/03; 09/09; 02/14  02/03, 01/04; 09/09; 02/14  05/03; 10/09 |