UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Summer/2016

COURSE NUMBER NUR 3069C, Section 7F36

COURSE TITLE Health Assessment and Communication

CREDITS 3 (2 credits didactic; 1 credit laboratory)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITE Admission to Upper Division BSN Program

COREQUISITE NUR 3129 Pathophysiology and Psychopathology

 NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

FACULTY Michael D. Bumbach, PhD, MSN, FNP-BC, RN

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COURSE DESCRIPTION This purpose of this course is to examine therapeutic communication and health assessment principles and techniques. Emphasis is on development of therapeutic communication skills and assessment of the health of individuals across the lifespan. Focus is on development of therapeutic relationships and the use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Utilize therapeutic communication techniques within the nurse-client relationship.
2. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
3. Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.
4. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
5. Document health assessment data in accordance with legal and ethical guidelines.
6. Identify principles used in electronic recording of patient care information.

COURSE SCHEDULE

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at elearning.ufl.edu. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Communication across the lifespan
	1. Active listening
	2. Empathy
	3. Silence
	4. Touch
	5. Paraphrasing
	6. Clarifying
	7. Focusing
	8. Summarizing
	9. Self-disclosing
	10. Confronting
2. Problem solving process in nursing practice
3. Critical thinking and decision making
4. Assessment
	1. Overview
	2. Health history
	3. Functional Health Pattern assessment
	4. Developmental assessment
	5. Cultural assessment
	6. Mental status assessment
	7. Physical examination
		1. Techniques
		2. System review
5. Communication of health assessment data
6. Collaboration with inter-professional healthcare team
7. Electronic health records

TEACHING METHODS

Online mini-lecture, demonstration, and guided laboratory practice sessions.

LEARNING ACTIVITIES

Reading assignments, online videos, return demonstrations, and simulated laboratory experiences.

EVALUATION METHODS/COURSE GRADE CALCULATION

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| NRC Attendance/Participation/Lab Manual (11) | 25% |  |
| Weekly Lab Assignments (9)/SBAR Assignments (3) | 5% | S/U (satisfactory equals >74% with each assignment, otherwise 0%) |
| Shadow Health Activities #1-8 | 10% | S/U (satisfactory equals >74% with each assignment, otherwise 0%) |
| Shadow Health Activity #9 | 5% | S/U (satisfactory equals >74%, otherwise 0%) |
| Comprehensive Health Assessment Video | 5% | S/U (satisfactory equals >74%, otherwise 0%) |
| Exams #1-3 | 30% | 50 multiple choice questions |
| Final Exam #4 | 20% | 100 multiple choice questions |
| Total | 100% |  |
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| Care Planning Activity | S/U |  |

GRADING

 NRC Attendance/Participation: There will be a total of 11 Nursing Resource Center (NRC) times that are mandatory to the course. Three (3) points total are given for the attendance and participation in the NRC session. The three points are broken down as follows: attendance, 1.0 point will be given with the full completion of the NRC session; participation, 1.0 point will be given for prior preparation of the Jarvis (2015b); and 1.0 point will be given for lab participation. For any missed NRC sessions or incomplete chapter manuals, see *Make Up Policy*.

 Shadow Health Activities: There are a total of nine (9) Shadow Health activities. The first eight (8) activities correspond with the lecture and lab subject material. The ninth activity is a comprehensive activity, therefore, with a higher percentage. All Shadow Health activities are mandatory and are required to be completed before the associated NRC time.

 Examinations: There are a total of 3 examinations plus one (1) final, comprehensive examination. For exams 1-3, each examination is worth 10% of the total grade. The final examination, being comprehensive, is worth 20% of the total grade. The examinations will be on campus utilizing the ExamSoft examination program. More information will be provided on the course website.

MAKE UP POLICY

 Alternative or make up activities will be only made available in the event the faculty member is notified prior to the missed event. Excused absences are limited to personal illness or a death in the immediate family. The faculty member will request documentation supporting any absence. Work, family events, vacations, or other related activities that cause a missed assignment, missed exam or missed attendance in the simulation lab are not excusable absences.

Missed NRC Session

* For an excused absence: The student will receive credit (3 points) for attending the make-up lab, preparing the lab manual prior to the make-up lab, and fully participating in the make-up lab.
* For an unexcused absence: The student will receive no credit for attending the ***required*** make-up session. However, 1 point for demonstrating adequate preparation (preparing the lab manual) may be earned and 1 point for lab participation.

Missed Examinations

* If you have an excused absence, you may make up a maximum of one missed exam per semester. The make-up examination will be scheduled during finals week; exact date and location of the examination will be TBD at availability of the instructor and a secured testing area. You may not make up more than one exam.
* If you have an unexcused absence and miss an examination, the grade for that examination is 0%.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

 A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

 B 84-90 (3.0) D 64-69 (1.0)

 B- 82-83 (2.67) D- 62-63 (0.67)

 C+ 80-81 (2.33) E 61 or below (0.0)

 **\* 74 is the minimal passing grade**

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

University and College of Nursing Policies:

 Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at http://www.dso.ufl.edu/students.php. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

REQUIRED TEXTBOOKS

Ackley, B., & Ladwig, G. (2013). *Nursing diagnosis handbook: An evidence-based guide to planning care* (10th ed.). St. Louis: Mosby/Elsevier.

Jarvis, C. (2015a). *Physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

Jarvis, C. (2015b). *Physical examination and health assessment student laboratory manual* (7th ed.). St. Louis: Saunders/Elsevier.

Jarvis, C. (2015c). *Pocket companion for physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

Shadow Health – All students are required to purchase access to the Shadow Health Digital Clinical Experience. The cost is $99.00 and is a separate expense that is not included with the book bundle. To register for Shadow Health, please visit [app.shadowhealth.com](http://app.shadowhealth.com/) and click "Register for a *Student Account."* Then enter your May 2016 PIN to enroll and purchase access,Course Registration PIN for Students: **Summer2016-6964-8858-0196-1350**

* Shadow Health Website: [http://app.shadowhealth.com/](http://securemail.shadowhealth.com/wf/click?upn=U60LdexMNVIbW9M8b6ISefAEF0g-2BBsdon-2FUAtF9D-2Bkf5UvwhHgZByigvV-2Bj4gimi_lNt1d4YGaxlmLL5eUine3MJ2dPcb6chUuEbDex1Z68aIgNvq-2BTqnryw1pC9qBlPR7wQm9VclUYGGBgQSnOY4osT2xhFcUrC3jDsMndZWEIBCzFWU-2Bd31BSJ2fW044oDKYXU2sDKrsW5lpZm-2BTnRY38KKTvAXeZ65Jm7thAexVysp-2BfEzFa7yMM3EhfhcWid-2BOfssFdE2bFolU0PEWmIm6A-3D-3D)
* Student Account Setup Guide: [http://bit.ly/How\_to\_Register](http://securemail.shadowhealth.com/wf/click?upn=PnKMbtwIbve-2F41PjiceFaFvAU1XBWbW1JpzWi5DRWfoyJg8t2rgAqLGDffUNspal_lNt1d4YGaxlmLL5eUine3MJ2dPcb6chUuEbDex1Z68aIgNvq-2BTqnryw1pC9qBlPRAJAuPpLPBa6-2BxPAgbcgQ90m-2FRfs9muR52dMYJ56X-2FkozHgJ7L7BTeyCN4AAQl9CrGCl34p0XCx-2BrpgyF1IlyDxIe6hruldfLIZc24CznsiN4i46rjvnP-2FZ1i6-2BuN1vPHhO7lcPKCXUypILa0l-2FNarQ-3D-3D)
* Technical Requirements: [http://bit.ly/System\_Requirements](http://securemail.shadowhealth.com/wf/click?upn=PnKMbtwIbve-2F41PjiceFaB-2Bll7AnYPvyRuaF8sbg26oHe5uXvYMolNaDE10sefp8_lNt1d4YGaxlmLL5eUine3MJ2dPcb6chUuEbDex1Z68aIgNvq-2BTqnryw1pC9qBlPRNTPnXf-2Bi1M8HtTdxvj2rX4mdEl3U0xKhQdhHUKlSx8Txj1PKjvvHOBCyqH8hWcAvAXBMRZDR-2BiZYaZZP4bBKnj5QQS8g-2BQiZYGSHWez8ET1jS3otqWGW2euG8NdoXLsrEBPw1lSqHIwdzbFHFCti7w-3D-3D)
* Link to Shadow Health Support: [http://support.shadowhealth.com](http://securemail.shadowhealth.com/wf/click?upn=198PZiO-2FpnWUhnHjZpidipp7ST8uyzorTwWVKLfF7dSTMwMzi1bnH2p7snj3MfB-2B_lNt1d4YGaxlmLL5eUine3MJ2dPcb6chUuEbDex1Z68aIgNvq-2BTqnryw1pC9qBlPRyR9NKcplC6-2Bxs3Wpa-2BV0EJrn6afam-2BMHvaAorPzlKnmP-2FYqrW52gGQJpLxRx4VINNgxTaWY4I2mywNwD1UHe7YMS6FjezRm9G6hcRnWCdCoZ5FFHOwfDw2iXt82m-2Bg9-2BxvGVxzwVH6mabmeGWEslog-3D-3D)

Recommended Textbooks

Perry, A. G., & Potter, P. A. (2013). *Clinical nursing skills and techniques* (8th ed.). St. Louis: Mosby/Elsevier.

Potter, P. A., & Perry, A. G. (2013). *Fundamentals of nursing* (8th ed.). St. Louis: Mosby/Elsevier

WEEKLY CLASS/LAB SCHEDULE

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| **WEEK/****DATE****(Online Open Date)** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS** | **EXAMS****\*\*NOTE VARIOUS TIMES/ROOM** | **LAB TOPIC****\*\*NOTE VARIOUS TIMES/GROUPS** |
| **Week 1:** May 9-13,Open: May 3rd  | Course Introduction,Evidence-Based Assessment,Cultural Competence,The Interview, SBAR IntroductionCare Planning Introduction**Shadow Health Digital Clinical Experience Orientation;****Conversation Concept Lab** | Ackley: p. xx-xxi, p. 1-10Jarvis: Ch. 1, 2, 3, 4, p.804-805 (SBAR section only)Jarvis Lab Manual: Ch. 1, 3, 4 (p.25-28) *– done before NRC lab time***Lab Assignment #1:** Lab Manual – p. 29-36, Initiated in lab and uploaded to Canvas, **Due May 13th, by 5pm** |  | **Week 1****May 11th : 1:00-5:00pm**IntroductionCommunicationCultural CompetenceSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6 |

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| **Week 2:** May 16-20Open: May 12th  | General Survey,Vital Signs,Pain Assessment,Skin, Hair, Nail AssessmentCultural CompetenceCare Planning (Ackley)**Shadow Health Assignment #1: Skin, Hair, Nails****Due: May 18th by 12 pm** | Ackley: Review Sections II, IIIJarvis: Ch. 8, 9, 10, 12Jarvis Lab Manual: Ch. 8, 9 (p.63-70), 10, 12 (p.85-92) *– done before NRC lab time***Lab Assignment #2:** Lab Manual – p. 71, p.93-94, Initiated in the lab and uploaded to Canvas, **Due May 20th, by 5pm** **Care Planning Activity: Due May 20th, by 5pm** |  | **Week 2****May 18th: 1:00-5:00pm**General SurveyPainVital SignsSkin, Hair, Nail AssessmentSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6 |

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| **Week 3:** May 23-27Open: May 19th  | HEENT (Head, Ear, Eyes, Nose, & Throat)**Shadow Health Assignment #2: HEENT****Due: May 25th by 12 pm** | Jarvis: Ch. 13, 14, 15, 16Jarvis Lab Manual: Ch. 13 (p.97-102), 14 (p. 105-114), 15 (p.117-124), 16 (p.127-134) *– done before NRC lab time***Lab Assignment #3**: Lab Manual – p. 103-104, p.115-116, p.125-126, p.135-136, Initiated in Lab and uploaded to Canvas, **Due May 27th, by 5pm**  | **Exam 1:****Wednesday, May 25th, 1:00pm – 2:00pm** **(Room # G-114)** | **Week 3****May 25th: 2:00-6:00pm**HEENT AssessmentSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6\*Note different times |

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| **Week 4:** May 30 – June 3Open: May 26th  | Breast AssessmentPulmonary Assessment**Shadow Health Assignment #3:** **Respiratory Concept Lab;****Respiratory****Due: June 1st by 12 pm** | Jarvis: Ch. 17, 18Jarvis Lab Manual: Ch. 17 (p.137-144), 18 (p.149-158) *– done before NRC lab time***Lab Assignment #4:** Lab Manual – p. 145-146, p. 159-160, Initiated in Lab and uploaded to Canvas, **Due June 3rd, by 5pm****SBAR Assignment #1:** Shadow Health, *Focused Exam: Cough – Danny Rivera*, **Due June 3rd, by 5pm** |  | **Week 4****June 1st: 1:00-5-00pm**Breast AssessmentPulmonary AssessmentSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6 |

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| **Week 5:** June 6 – 10Open: June 2nd  | Cardiovascular AssessmentPeripheral Vascular and Lymphatic Assessment**Shadow Health Assignment #4:** **Cardiovascular Concept Lab;****Cardiovascular****Due: June 8th by 12 pm** | Jarvis: Ch. 19, 20Jarvis Lab Manual: Ch. 19 (p.161-171), 20 (p. 175-182) *– done before NRC lab time***Lab Assignment #5:** Lab Manual – p.172-174, p. 183-186, Initiated in Lab and uploaded to Canvas, **Due June 10th, by 5pm****SBAR Assignment #2:** Shadow Health, *Focused Exam: Chest Pain – Brian Foster,* **Due June 10th, by 5pm** |  | **Week 5****June 8th: 1:00-5-00pm**Cardiovascular AssessmentPeripheral Vascular and Lymphatic AssessmentSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6 |

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| **Week 6:** June 13 – 17Open: June 9th  | Abdominal AssessmentGenitourinary Assessment**Shadow Health Assignment #5:** **Abdominal Concept Lab;****Abdominal****Due: June 15th by 12 pm** | Jarvis: Ch. 21, 24, 25, 26Jarvis Lab Manual: Ch. 21 (p.187-194), 24 (p.223-230), 25 (p.233-238), 26 (p.241-248) *– done before NRC lab time***Lab Assignment #6:** Lab Manual – p.195-196, p.231-232, p.239, p. 249-251, Initiated in Lab and uploaded to Canvas, **Due June 17th, by 5pm****SBAR Assignment #3:** Shadow Health, *Focused Exam: Abdominal Pain - Esther Park***Due June 17th, by 5pm** | **Exam 2:****Wednesday, June 15th, 1:00pm – 2:00pm** **(Room #G-301)** | **Week 6****June 15th: 2:00-6:00pm**Abdomen AssessmentGenitourinary AssessmentSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6\*Note different times |

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| **June 20 – 24** | **Summer Break – No Class** | **No Lab** |
| **Week 7:** June 27 – July 1Open:June 23rd  | Musculoskeletal Assessment**Shadow Health Assignment #6:****Musculoskeletal****Due June 29th by 12 pm** | Jarvis: Ch. 22Jarvis Lab Manual: Ch. 22 (p.197-204) *– done before NRC lab time***Lab Assignment #7:** Lab Manual – p.205-208, Initiated in Lab and uploaded to Canvas, **Due July 1st, by 5pm** |  | **Week 7****June 29th: 1:00-5:00pm**Musculoskeletal AssessmentSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6 |

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| **Week 8:** July 4 – 8Open: June 30th  | Neurological AssessmentMental Status Assessment**Shadow Health Assignment #7: Health History****Shadow Health Assignment #8:****Neurological****Due July 6th by 12 pm** | Jarvis: Ch. 5, 23Jarvis Lab Manual: Ch. 5 (p.37-42), 23 (p.209-217) *– done before NRC lab time***Lab Assignment #8:** Lab Manual – p. 43-44, p.219-221, Initiated in Lab and uploaded to Canvas, **Due July 8th, by 5pm** | **Exam 3:****Wednesday, July 6th,** **1:00pm – 2:00pm** **(Room #G-101)** | **Week 8****July 6th: 2:00-6:00pm**Neurological AssessmentMental Status AssessmentSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6\*Note different times |

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| **Week 9:** July 11 – 15Open: July 7th  | Pregnant Woman AssessmentAssessment of the Post-Partum WomanAssessment of the Neonate | Jarvis: Ch. 30Jarvis Lab Manual: Ch. 30 (p.281-296) *– done before NRC lab time***Assignment:** None |  | **Week 9****July 13th: 1:00-5:00pm**Pregnant Woman AssessmentAssessment of the Post-Partum WomanAssessment of the NeonateSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6 |

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| **Week 10:** July 18 – 22Open:July14th  | Pediatric AssessmentGrowth and Development | Jarvis: Ch. 28Jarvis lab Manual: Ch. 28 (p.265-274) *– done before NRC lab time***Assignment:** None |  | **Week 10****July 20th: 1:00-5:00pm**Pediatric AssessmentGrowth and DevelopmentSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6 |

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| **Week 11:**July 25 – 29Open: July 21st  | Comprehensive Health AssessmentBedside Assessment and Electronic Health Recording**Shadow Health Assignment #9:****Comprehensive Assessment****Due July 27th by 12 pm** | Jarvis: Ch. 27, 29, 31Jarvis Lab Manual: Ch. 31 (p.297-306)**Lab Assignment #9:** Lab Manual – p. 261-264, Initiated in Lab and uploaded in Canvas, **Due July 29th, by 5pm**.  |  | **Week 11****July 27th: 1:00-5:00pm**Comprehensive Health AssessmentSession 1: 1:00pm-2:55pm Clinical Groups:  1-1, 1-2, 1-3Session 2: 3:05pm-5:00pm Clinical Groups:  1-4, 1-5 , 1-6 |

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| **Week 12:** August 1 – 5Open:July 28th  | Review | **Comprehensive Health Assessment Video, Due August 2nd, by 11:59pm,** | **Final, Exam #4:****Wednesday, August. 3rd****1:00p – 3:00pm,****(Room G-101)** | **Week 12**August 3rdNo NRC |

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| Approved: | Academic Affairs Committee:General Faculty:UF Curriculum Committee: | 02/03, 12/03; 09/09; 02/1402/03, 01/04; 09/09; 02/1405/03; 10/09 |