UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2016

COURSE NUMBER NUR 3738 Section 049C

COURSE TITLE Systems of Care 2: Restoration of Wellness

CREDITS 3

PLACEMENT BSN Program: 2nd Semester Upper Division

PREREQUISITES NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

NUR 3129 Pathophysiology and Psychopathology

NUR 3069C Health Assessment and Communication

COREQUISITES NUR 3145 Pharmacology for Nursing

FACULTY OFFICE PHONE OFFICE HOURS

David J Derrico RN, MSN HPNP 352-273-6341 Tuesday 0800-1000

Clinical Assistant Professor 3202 cell 352-562-6305

derridj@ufl.edu

Charlene Krueger, PhD, ARNP HPNP (352) 273-6332 Tuesday 1300-1500

Associate Professor 2228

ckrueger@ufl.edu

COURSE DESCRIPTION The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for clients with common acute and chronic illnesses across the lifespan and for intrapartal women. Emphasis is on principles of safe and effective delivery of care to diverse clients with disease, injury and disability in a variety of settings. Focus is on clients with a medium to high potential for wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze the healthcare needs of clients with selected common acute and chronic illnesses across the lifespan.
2. Incorporate principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.
3. Incorporate the health beliefs, values, attitudes and practices of individuals and families into the development of plans of care.
4. Develop evidence-based plans of care using principles of quality and safety.
5. Analyze interprofessional plans of care for clients with common acute and chronic illnesses across the lifespan.
6. Examine nurse-sensitive indicators that influence utilization of resources in delivery of effective care.

COURSE SCHEDULE

Monday 1040-1130 G101

Tuesday 0830-1025 G101

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

I. General Approach

Use of the problem solving process to develop interdisciplinary plans of care.

1. Application of concepts to exemplars across the lifespan
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care

|  |  |
| --- | --- |
| 1. CONCEPTS to be introduced in this course: For each concept provide definition, background/theories, assessment tools, nurse sensitive indicators, and evidence-based standards of care. CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| ROLE | Parent/infant attachment, sick role |
| TISSUE INTEGRITY | Surgical wounds, pressure ulcers, infection |
| COMFORT | Acute pain |
| OXYGENATION | Dyspnea |
| PERFUSION | Hemorrhage, deep vein thrombosis |
| SLEEP | Insomnia |
| AFFECT | Sadness, Bereavement |
| COGNITION | Confusion |
| STRESS | Anxiety |
| PERCEPTION | Hearing and visual impairment |
| METABOLISM | Obesity, hyper/hypoglycemia, nausea and vomiting, fluid and electrolyte imbalance |

2. CONCEPTS to be reviewed in this course: For each concept provide assessment tools, nurse sensitive indicators, and evidence-based standards of care.

|  |  |
| --- | --- |
| CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| Safety | Falls, Medication Errors |
| Nutrition | Malabsorption, Malnutrition |
| Elimination | Diarrhea, constipation, incontinence, ileus |

3. EXEMPLARS: For each exemplar, tie to related concepts, identify specific nursing problems and specific nursing interventions across the life span where applicable (eg. Monitoring, medications and their administration, teaching, interdisciplinary collaboration, therapeutic communication and comfort measures)

 a. Intrapartal woman/fetus/newborn

 b. Patient requiring perioperative care

 c. Patients with:

1) pneumonia/asthma

2) angina/congenital heart disease

3) depression/delirium/sick role/ bereavement

4) diabetes

5) fractures/immobility

6) irritable bowel syndrome

TEACHING METHODS

Lecture, audiovisual materials, written materials, and presentation of case studies.

LEARNING ACTIVITIES

Participation in large and small group activities, selected readings and electronic resources.

EVALUATION METHODS/COURSE GRADE CALCULATION

Exam 1 Tuesday September 13, 2016 0830 G101 22%

Exam 2 Monday October 10, 2016 1040 G101 22%

Exam 3 Monday November 7, 2016 1040 G101 22%

HESI Mid-Curricular Examination

Tuesday December 6, 2016 0800 Computer Testing Center 10%

Final Exam December 13, 2016 0725 G301 24%

Evaluation will be based on four objective tests plus the HESI Mid-Curricular Examination. The number of points earned by the end of the course will be rounded to the nearest whole number to determine the final course grade. Feedback on assignments will be within one week.

MAKE UP POLICY

Examinations will be completed on the date indicated on the course syllabus. Early testing is not an option and late testing will be allowed only in exceptional situations. Students must obtain **PRIOR** approval for absence from taking an examination from David Derrico. Alternate test forms will be given to students not taking the examinations as scheduled.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

 A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

 B 84-90 (3.0) D 64-69 (1.0)

 B- 82-83 (2.67) D- 62-63 (0.67)

 C+ 80-81 (2.33) E 61 or below (0.0)

 \* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED RESOURCE

Exam soft will be utilized in this course for the administration of examinations. Students will be instructed by faculty on how to access and pay for this required resource.

REQUIRED TEXTBOOKS

Lewis, S.L., Dirksen, R.F., Heitkemper, M.M., Bucher, l., & Camera, I.M.  (2014).

     Medical-Surgical nursing:  Assessment and management of clinical problems (9th ed.).

     St. Louis, Mo:  Mosby.

Perry, S., Hockenberry, M., Lowdermilk, E. & Wilson, D. (2014). *Maternal child nursing care*

(5th ed.). St. Louis, MO: Elsevier Mosby.

​Silvestri, L.A.  (2014).  *Saunders comprehensive review for the NCLEX-RN examination*

      (6th ed.). St. Louis, MO: Saunders.

RECOMMENDED TEXTBOOKS

HESI. (2014). *Comprehensive review for the NCLEX-RN examination* (4th ed.). St. Louis,

 Missouri: Elsevier.

Townsend, M.C. (2014). *Essentials of psychiatric mental health nursing: Concepts of care*

 *in evidence-based practice* (6th ed.). Philadelphia: FA Davis.

**WEEKLY CLASS SCHEDULE**

|  |  |  |
| --- | --- | --- |
| **WEEK** | **DATE** | **TOPIC/ READINGS/ ASSIGNMENTS/ FACULTY** |
| 1 | Monday Aug. 22Tuesday Aug 23 | Course Orientation DerricoPriorities & ConceptsManagement of Fluid & Electrolyte Balance Lewis: Chapter 17  |
| 2 | Monday, Aug 29 | Management of Perioperative Care DerricoLewis: Chapter 18 & 19  |
| Tuesday, Aug 30 | Management of Perioperative Care DerricoLewis: Chapter 19 & 20 |
| 3 | Monday, Sept 5 | **LABOR DAY No Classes** |
| Tuesday, Sept 6 | Cardiovascular Dysfunction Derrico**Nursing Care Exemplars:** Management of Hypertension & Vascular DisordersLewis: Chapter 33 & 38 |
| 4 | Monday, Sept 12 | Cardiovascular Dysfunction Derrico**Nursing Care Exemplars:** Management of Vascular Disorders CAD, Acute Coronary SyndromeLewis: Chapter 34 & 38 |
| Tuesday, Sept 13 | **Exam 1**  |
| 5 | Monday, Sept 19 | Cardiovascular Dysfunction Derrico**Nursing Care Exemplars:** Management of Heart FailureLewis: Chapter 35  |
| Tuesday, Sept 20Early class 0725-0920 G114 | Endocrine Dysfunction Derrico**Nursing Care Exemplars:** DiabetesLewis: Chapter 49  |
| 6 | Monday, Sept 26 | Endocrine Dysfunction Derrico**Nursing Care Exemplars:** DiabetesLewis: Chapter 49  |
| Tuesday, Sept 27 | Respiratory Dysfunction Derrico**Nursing Care Exemplars:** Pneumonia, Asthma, COPDLewis: Chapter 28  |
| 7 | Monday, Oct 3 | Respiratory Dysfunction Derrico**Nursing Care Exemplars:** Pneumonia, Asthma, COPDLewis: Chapter 28 & 29  |
| Tuesday, Oct 4 | Respiratory Dysfunction Derrico**Nursing Care Exemplars:** Pneumonia, Asthma, COPDLewis: Chapter 29 Altered Sensory Input Derrico**Nursing Care Exemplars:** Vision and Hearing:Glaucoma & CataractsLewis: Chapter 22 |
| 8 | Monday, Oct 10 | **Exam 2**  |
| Tuesday, Oct 11 | Fetal Assessment During Labor                                   Krueger**Nursing Care Exemplars:** Fetal well-being, FHR/UA PatternsPHLW: Chapter 15 |
| 9 | Monday, Oct 17 | Labor & Birth Processes; Pain Management                **Nursing Care Exemplars:** 5 P’s, Cardinal MovementsPHLW:  Chapter 13 & 14 |
| Tuesday, Oct 18Early class 0725-0920 G114 | Gastrointestinal Dysfunction Derrico**Nursing Care Exemplars:** Obesity, Peptic Ulcers, GERDLewis: Chapter 41 & 42 |
| 10 | Monday, Oct 24 | Nursing Care During Labor                                          Krueger**Nursing Care Exemplars:** Stages of laborPHLW: Chapter 16 |
| Tuesday, Oct 25 | Labor & Birth at Risk                                                  Krueger **Nursing Care Exemplars:** PROM, Pitocin Induction, MSFPHLW: Chapter 17 |
| 11 | Monday, Oct 31 | Postpartum Nursing Care                                            Krueger  **Nursing Care Exemplars:** Boggy Uterus, EpisiotomyPHLW: Chapter 18 & 19 & 21 |
| Tuesday, Nov 1 | Care of Newborn and Feeding                                     Krueger **Nursing Care Exemplars:** Apgar, Circumcision, Latching, TraumaPHLW: Chapter 23 & 24 & 25 |
| 12 | Monday, Nov 7 | **Exam 3**  |
| Tuesday, Nov 8 | Management of Congenital Heart Disease KruegerReadings TBA |
| 13 | Monday, Nov 14No ClassOnline Lecture  | Musculoskeletal Dysfunction Derrico**Nursing Exemplars:** Osteoporosis, AmputationsLewis: Chapter 63 & 64 |
| Tuesday, Nov 15Early class 0730-0830 G101 | Musculoskeletal Dysfunction Derrico**Nursing Exemplars:** Fractures, Low Back PainLewis: Chapter 63 & 64Reproductive Problems in Men Derrico**Nursing Care Exemplars:** BPHLewis: Chapter 55 |
| 14 | Monday, Nov 21 | Management of Mental Health SniderSick Role and affective responses: Depression and bereavement ITownsend – TBA |
| Tuesday, Nov 22 | Management of Mental Health SniderSick Role and affective responses: Depression and bereavement IITownsend - TBA |
| 15 | Monday, Nov 28 | Management of Mental Health SniderSick Role and anxious responsesTownsend – TBA |
| Tuesday, Nov 29 | Management of Mental Health Disorders SniderSick Role and cognitive issuesTownsend - TBA |
| 16 | Monday, Dec 5 | Test Review Krueger |
| Tuesday, Dec 6 | **HESI MID-CURRICULAR EXAMINATION**  0800-1000 Computer Testing Center CG-28**\*\*\*\*\*Ear buds are required\*\*\*\*\*** |

|  |  |  |
| --- | --- | --- |
| Approved: | Academic Affairs Committee:General Faculty:UF Curriculum Committee: | 09/09; 02/1209/09; 03/1210/09; 04/12 |

|  |  |  |
| --- | --- | --- |
| Finals Week | Tuesday Dec 13 | **Final Exam****0725-0930 G301**  |