UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2016

# COURSE NUMBER NUR 4739 – Sections 3362 and 2G79

COURSE TITLE Systems of Care 3: Restoration of Wellness

CREDITS 4

PLACEMENT BSN Program: 3rd Semester Upper Division

PREREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

COREQUISITES: NUR 3826 Legal and Ethical Issues in Nursing

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| --- | --- | --- | --- | --- |
| **Faculty** | **Office** | **Office Hours** | **Phone** | **Email** |
| Debra Kelly, PhD, RN, OCN | HPNP 3225 | Tuesday  0900 - 1100 | 352-273-6390 | [dlynchkelly@ufl.edu](mailto:dlynchkelly@ufl.edu) |
| Saunjoo Yoon, PhD, RN | HPNP 3223 | Tuesday  0900 - 1100 | 352-273-6418 | [yoon@ufl.edu](mailto:yoon@ufl.edu) |
| **Teaching Assistant** |  |  |  |  |
| Diane McLaughlin, MSN, ARNP |  | By appointment | 216-334-5826 | [mclaud@ufl.edu](mailto:mclaud@ufl.edu) |

# COURSE DESCRIPTION

The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for diverse clients with complicated acute and chronic illnesses across the lifespan. Emphasis is on principles of safe and effective management of clients with complicated disease, injury and disability in a variety of settings. Focus is on the principles inherent in the care of clients whose complexity affects restoration to wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze factors that contribute to client potential for restoration to wellness.

2. Analyze the healthcare needs of clients with complicated acute and chronic illnesses across the lifespan.

3. Synthesize principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.

1. Integrate multiple factors in construction of holistic plans of care.
2. Analyze inter- and intraprofessional communication and collaborative strategies used to deliver evidence-based, client-centered care.
3. Evaluate healthcare outcomes of clients with complicated acute and chronic illnesses

using data from multiple relevant sources.

COURSE SCHEDULE

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| --- | --- | --- |
| Day | Time | Room |
| Thursday | 07:25 to 11:15 | G103  G101 |

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. General Approach

Use of the problem solving process to develop interdisciplinary plans of care for patients

with complicated acute and chronic illnesses.

A. Application of concepts to exemplars across the lifespan.

B. Nursing interventions that are developed based on identified nursing problems and

utilize evidence based guidelines and standards of care.

C. Exemplars include patients with:

1. Prevalent blood disorders — e.g. iron deficiency anemia, sickle cell anemia,

bleeding and clotting disorders

2. Prevalent cancers

3. Prevalent immune illnesses

4. Prevalent gastrointestinal illnesses

5. Prevalent behavioral disorders e.g. major depression, psychoses, bipolar disorders.

6. Prevalent nervous system illnesses

7. Prevalent musculoskeletal and connective tissue illnesses

8. Prevalent endocrine disorders, e.g. thyroid

9. Prevalent cardiac/vascular disorders

10. Substance abuse

11. Complications of pregnancy

TEACHING METHODS

Lecture, group activities, and discussion

LEARNING ACTIVITIES

Participation in class and group activities, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

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| --- | --- |
| Post-lecture Quizzes (weekly) | 10% |
| Participation (weekly)  Peer/group Evaluation | 20%  (Participation includes anything that happens during course hours and homework assignments other than case studies)  10% |
| Case studies (weekly) | 15% |
| Exam 1- Midterm  Exam 2- Final Exam (Comprehensive)  Total | 20%  25%  100% |

MAKE UP POLICY

All work, including testing, will be done at the date and time indicated on the course syllabus. Any deviation from scheduled times will be given only in exceptional situations and must be determined by the section instructor prior to the scheduled date. It is the student’s responsibility to contact their section instructor prior to absences or delayed work submission. If this expectation is not met, 30% off per day for up to 3 days (total of 90%) and then zero grade thereafter. It is likely you will receive a zero grade for any missed assignments that were not previously discussed with your instructor.

GRADING SCALE/QUALITY POINTS

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| --- | --- | --- |
| Letter Grade | Points | Quality Points |
| A | 95 – 100 | 4.0 |
| A- | 93 – 94 | 3.67 |
| B+ | 91 – 92 | 3.33 |
| B | 84 – 90 | 3.0 |
| B- | 82 – 83 | 2.67 |
| C+ | 80 – 81 | 2.33 |
| C | 74\* - 79 | 2.0 |
|  | \*74% is the minimum | passing grade |
| C- | 72 – 73 | 1.67 |
| D+ | 70 – 71 | 1.33 |
| D | 64 – 69 | 1.0 |
| D- | 62 – 63 | .67 |
| E | 61 or below | 0.0 |

For more information on grades and grading policies, please refer to University’s grading

policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

*Counseling and Mental Health Services*

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTS

HESI. (2014). *Comprehensive review for the NCLEX-RN examination* (4th ed.). St. Louis,

Missouri: Elsevier.

Lewis, S.L., Dirksen, R.F., Heitkemper, M.M., Bucher, l., & Camera, I.M. (2014).

*Medical-Surgical nursing: Assessment and management of clinical problems* (9th ed.).

St. Louis, Mo: Mosby.

Perry, S., Hockenberry, M., Lowdermilk, E. & Wilson, D. (2014). *Maternal child nursing care*

(5th ed.). St. Louis, MO: Elsevier Mosby.

Silvestri, L.A. (2014). Saunders comprehensive review for the NCLEX-RN examination

(6th ed.). St. Louis, MO: Saunders.

STUDENT RESPONSIBILITIES:

\* *You are responsible for having the following supplies for this course: At least, either laptop with a privacy screen or a phone (either smart phone or flip phone) is required to participate in the classroom activities throughout the semester*. *Please plan accordingly.* **Top Hat subscription**- <https://tophat.com/> (You will need to enter user code sent by Top Hat). You may have other courses using Top Hat: There is a $24.00 fee per semester NOT per class to purchase the Top Hat app.

WEEKLY CLASS SCHEDULE

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| --- | --- | --- |
| Week # | Date/Faculty | Topics Readings & Assignments |
| 1 | Thursday August 25  Dr. Yoon | **Course Orientation**  **Clients with Intestinal Problems**  Lewis: Chapter 43  Concepts: Elimination & Nutrition |
| 2 | Thursday, September 1  Dr. Yoon | **Clients with Liver Dysfunction**  Lewis: Chapter 44  Concepts: Regulation/Metabolism & Nutrition |
| 3 | Thursday, September 8  Dr. Lynch Kelly | **Clients with Immune Dysfunction**  Lewis: Chapters 14 & 15  Concepts: Safety & Vulnerability |
| 4 | Thursday, September 15  Dr. Kruger | **Clients with Complicated Pregnancy and Infertility**  Perry et al. Chapters 5, 11 & 12.  Concepts: Sexuality, Oxygenation & Perfusion |
| 5 | Thursday, September 22  Ms. Diane McLaughlin | **Critically ill Clients with Dysrhythmias**  Lewis: Chapter 36  **Critically ill Clients with Shock**  Lewis: Chapter 67  Concepts: Oxygenation & Perfusion |
| 6 | Thursday, September 29  Dr. Lynch Kelly | **Clients with Cancer Management of Chemotherapy & Radiation Therapy**  Lewis: Chapter 16  Concepts: Safety, Immunity & Vulnerability, Comfort: Chronic Pain |
| 7 | Thursday October 6  Dr. Yoon | **Clients with Hematologic Dysfunction**  Lewis: Chapters 30 & 31  Concepts: Oxygenation, Immunity & Vulnerability Comfort: Acute Pain |
| 8 | Thursday, October 13  Ms. Diane McLaughlin | **Exam 1- Midterm**  **Clients with Central and Peripheral Nervous System Problems**  Lewis: Chapters 58, 59 & 61  Concepts: Cognition, Acute Pain, Mobility |
| 9 | Thursday, October 20  Ms. Diane McLaughlin | **(Continuation) Clients with Central and Peripheral Nervous System Problems**  Lewis: Chapters 58, 59 & 61  Concepts: Cognition, Acute Pain, Mobility  **Critically** I**ll Clients with CNS Problems**  Lewis: Chapters 57 & 58  Concepts: Cognition & Mobility |
| 10 | Thursday, October 27  Dr. Lynch Kelly | **Clients with Endocrine Dysfunction**  Lewis: Chapters 48 & 50  Concepts: Regulation/Metabolism & Fluid & Electrolyte Balance |
| 11 | Thursday, November 3  Dr. Lyon | **Clients with Mental Illness:** Depression, bipolar disease, psychoses and substance abuse  Concepts: Stress |
| 12 | Thursday, November 10  Dr. Yoon | **Clients with Renal Failure:** Acute & Chronic Renal Disease  Lewis: Chapter 47  Concepts: Regulation/Metabolism & Elimination |
| 13 | Thursday, November 17  Ms. Diane McLaughlin | **Critically Ill Clients with Respiratory Problems**: Acute Respiratory Failure, ARDS  Lewis: Chapter 68  Concepts: Oxygenation |
| 14 | Thursday, November, 24 | **THANKSGIVING HOLIDAY – NO CLASSES** |
| 15 | Thursday, December 1  Dr. Lynch Kelly | **Clients with Musculoskeletal Disorders**  Lewis: Chapter 65  Concepts: Mobility |
| 16 | **Thursday December 8 READING DAYS** | **NO CLASSES** |
| Finals Week | **Monday, December 12**  **09:00 – 11:00** | **Exam 2 - Final Exam (Comprehensive)**  Content will be for entire semester |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12  09/09; 03/12  10/09; 04/12 |