UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SPRING 2017

# COURSE NUMBER NUR 4739 Section 1G75

COURSE TITLE Systems of Care 3: Restoration of Wellness

CREDITS 4

PLACEMENT BSN Program: 3rd Semester Upper Division

PREREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

COREQUISITES NUR 3826 Legal and Ethical Issues in Nursing

# FACULTY

# Tina M. D’Alessandro, PhD, C-PMHNP, C-FNP

# Office Hours: by appointment

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COURSE DESCRIPTION The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for diverse clients with complicated acute and chronic illnesses across the lifespan. Emphasis is on principles of safe and effective management of clients with complicated disease, injury and disability in a variety of settings. Focus is on the principles inherent in the care of clients whose complexity affects restoration to wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze factors that contribute to client potential for restoration to wellness.

2. Analyze the healthcare needs of clients with complicated acute and chronic illnesses across the lifespan.

3. Synthesize principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.

1. Integrate multiple factors in construction of holistic plans of care.
2. Analyze inter- and intraprofessional communication and collaborative strategies used to deliver evidence-based, client-centered care.
3. Evaluate healthcare outcomes of clients with complicated acute and chronic illnesses using data from multiple relevant sources.

COURSE SCHEDULE

Wednesday 8:30am – 12:20 pm Room POB 3083

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. General Approach

Use of the problem solving process to develop interdisciplinary plans of care for patients with complicated acute and chronic illnesses.

1. Application of concepts to exemplars across the lifespan.
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care.

C. Exemplars include patients with:

1. Prevalent blood disorders — e.g. iron deficiency anemia, sickle cell anemia, bleeding and clotting disorders
2. Prevalent cancers
3. Prevalent immune illnesses
4. Prevalent gastrointestinal illnesses
5. Prevalent behavioral disorders e.g. major depression, psychoses, bipolar disorders.
6. Prevalent nervous system illnesses
7. Prevalent musculoskeletal and connective tissue illnesses
8. Prevalent endocrine disorders, e.g. thyroid
9. Prevalent cardiac/vascular disorders
10. Substance abuse
11. Complications of pregnancy

TEACHING METHODS

Lecture, group activities, and discussion

LEARNING ACTIVITIES

Participation in class and group activities, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

Quizzes (weekly) 10%

Participation (weekly) 20% (anything that happens during course hours and homework assignments other than case studies)

Peer/group Evaluation 10%

Case studies (weekly) 15%

Exam 1 (Midterm) 20%

Exam 2 (Comprehensive Final) 25%

MAKE UP POLICY

Alternative or make-up activities will only be available for notification of an excused absence prior to the missed class. A Doctor’s note may be required. Work or vacation related activities that cause a missed assignment, quiz, or exam are not excused absences. Assignments submitted late will incur a 2% penalty for each day late.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

STUDENT RESPONSIBILITIES

\* *You are responsible for having the following supplies for this course: At least, either laptop with a privacy screen or a phone (either smart phone or flip phone) is required to participate in the classroom activities throughout the semester*. *Please plan accordingly.* **Top Hat subscription**- https://tophat.com/ (You will need to enter user code sent by Top Hat). You may have other courses using Top Hat: There is a $24.00 fee per semester NOT per class to purchase

REQUIRED TEXTBOOKS

HESI. (2014). *Comprehensive review for the NCLEX-RN examination* (4th ed.). St. Louis,

Missouri: Elsevier.

Lewis, S.L., Dirksen, R.F., Heitkemper, M.M., Bucher, l., & Camera, I.M. (2014).

*Medical-Surgical nursing: Assessment and management of clinical problems* (9th ed.).

St. Louis, Mo: Mosby.

Perry, S., Hockenberry, M., Lowdermilk, E. & Wilson, D. (2014). *Maternal child nursing care*

(5th ed.). St. Louis, MO: Elsevier Mosby.

Silvestri, L.A. (2014). Saunders comprehensive review for the NCLEX-RN examination

(6th ed.). St. Louis, MO: Saunders.

WEEKLY CLASS SCHEDULE

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| DATE | TOPIC/EVALUATION | ASSIGNMENTS/READINGS | FACULTY |
| 1/4/2017 | Clients with Mental Illness | Lewis, Chapters 6,7,11  Perry, pages 1001-1008, 1035-1047, 1054-1058  Concepts: Stress | Dr. D’Alessandro |
| 1/11/2017 | Intestinal Problems | Lewis, Chapter 43  Perry, Chapter 41 (1283-1288)  Concepts: Elimination and Nutrition | Dr. D’Alessandro |
| 1/18/2017 | Liver Dysfunction | Lewis, Chapter 44  Perry, Chapter 41  Concepts: Regulation/Metabolism and Nutrition | Dr. D’Alessandro |
| 1/25/2017 | Complications of Pregnancy and Infertility | Perry et al. Chapters 5,11,12  Concepts: Sexuality, Oxygenation and Perfusion | Dr. Jane Gannon |
| 2/1/2017 | Critically Ill Patients Dysrythmias and Shock | Lewis, Chapters 36 and 67  Perry Chapter 42  Concepts: Oxygenation and Perfusion | Dr. D’Alessandro |
| 2/8/2017 | Immune Dysfunction | Lewis, Chapters 14, 15  Perry Pages 1385-1392  Concepts: Safety and vulnerability | Dr. D’Alessandro |
| 2/15/2017 | Clients with Cancer: Management of Chemotherapy and Radiation Therapy | Lewis, Chapter 16  Perry, pages 1380-1388, 1408  Concepts: Safety, Immunity & Vulnerability, Comfort, Chronic Pain | Dr. D’Alessandro |
| 2/22/2017  2/22/2017 | Hematologic Dysfunction  **MIDTERM EXAM** | Lewis, Chapters 30,31  Perry, pages 1362-1379  Concepts: Oxygenation, Immunity, Vulnerability, Comfort, Acute Pain | Dr. D’Alessandro |
| 3/1/2017 | Central and Peripheral Nervous System Problems | Lewis, Chapters 58,59,61  Perry, pages 1417-1428  Concepts: Cognition, Acute Pain, Mobility | Dr. D’Alessandro |
| 3/15/2017 | Central and Peripheral Nervous System Problems (continued) &  Critically Ill Clients with CNS Problems | Lewis, Chapters 57,58  Perry, pages 1428- 1459  Concepts: Cognition and Mobility | Dr. D’Alessandro |
| 3/22/2017 | Endocrine Dysfunction | Lewis, Chapters 48,50  Perry, Chapter 46  Concepts: Regulation/Metabolism and Fluid & Electrolyte Balance | Dr. D’Alessandro |
| 3/29/2017 | Renal Failure | Lewis, Chapter 47  Perry, Chapter 44  Concepts: Regulation, Metabolism & Elimination | Dr. D’Alessandro |
| 4/5/2017 | Critically Ill Clients with Respiratory Problems | Lewis, Chapter 68  Perry, Chapter 40  Concepts: Oxygenation | Dr. D’Alessandro |
| 4/12/2017 | Musculoskeletal Disorders | Lewis, Chapter 65  Perry, Chapter 48, 49  Concepts: Mobility | Dr. D’Alessandro |
| 4/19/2017 | Review |  |  |
| 4/26/2017 | **Comprehensive Final Exam** |  |  |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12  09/09; 03/12  10/09; 04/12 |