UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2017

# COURSE NUMBER NUR 4739 – Sections 3362 and 2G79

COURSE TITLE Systems of Care 3: Restoration of Wellness

CREDITS 4

PLACEMENT BSN Program: 3rd Semester Upper Division

PREREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

COREQUISITES: NUR 3826 Legal and Ethical Issues in Nursing

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| **Faculty** | **Office** | **Office Hours** | **Phone** | **Email** |
| Debra Lynch Kelly, PhD, RN, OCN  | HPNP 3225 | Tuesday0900 - 1100 | 352-273-6390 | dlynchkelly@ufl.edu |
| Saunjoo Yoon, PhD, RN | HPNP 3223 | Tuesday0900 - 1100 | 352-273-6418 | yoon@ufl.edu |
| Karen Moosvi, PhD, RN | HPNP3218 | Tuesday 1430-1630 | 352-273-6315 | karenvmoosvi@ufl.edu |
| **Teaching Assistant** |  |  |  |  |
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# COURSE DESCRIPTION

The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for diverse clients with complicated acute and chronic illnesses across the lifespan. Emphasis is on principles of safe and effective management of clients with complicated disease, injury and disability in a variety of settings. Focus is on the principles inherent in the care of clients whose complexity affects restoration to wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze factors that contribute to client potential for restoration to wellness.

2. Analyze the healthcare needs of clients with complicated acute and chronic illnesses across the lifespan.

3. Synthesize principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.

1. Integrate multiple factors in construction of holistic plans of care.
2. Analyze inter- and intraprofessional communication and collaborative strategies used to deliver evidence-based, client-centered care.
3. Evaluate healthcare outcomes of clients with complicated acute and chronic illnesses

 using data from multiple relevant sources.

COURSE SCHEDULE

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| Day | Time | Room |
| Thursday  | 07:25 to 11:15 | G101 (section 3362) KellyC1-9 (section 2G79) Yoon |

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. General Approach

 Use of the problem solving process to develop interdisciplinary plans of care for patients

 with complicated acute and chronic illnesses.

 A. Application of concepts to exemplars across the lifespan.

 B. Nursing interventions that are developed based on identified nursing problems and

 utilize evidence based guidelines and standards of care.

 C. Exemplars include patients with:

 1. Prevalent blood disorders — e.g. iron deficiency anemia, sickle cell anemia,

 bleeding and clotting disorders

 2. Prevalent cancers

 3. Prevalent gastrointestinal illnesses

 4. Prevalent issues in mental health nursing

 5. Prevalent connective tissue illnesses

 6. Prevalent endocrine disorders

 7. Prevalent cardiac/vascular disorders

 8. Substance abuse

TEACHING METHODS

Lecture, group activities, and discussion

LEARNING ACTIVITIES

Participation in class and group activities, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

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| --- | --- |
| Scheduled Weekly Quizzes  | 10%  |
| Participation (weekly) | 10%(Participation includes anything that happens during course hours, including pop quizzes, and homework assignments other than case studies) |
| Case studies (weekly) | 15% |
| Exam 1 | 15% |
| Exam 2 | 15% |
| Exam 3 | 15% |
| Exam 4 (Comprehensive Final) | 20% |
| Total | 100% |

MAKE UP POLICY

There is no make-up work or late turn-ins for this course. All assignments must be completed and submitted at the specified date and time in order to receive a grade. Missed assignments will likely result in a zero grade.

GRADING SCALE/QUALITY POINTS

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| --- | --- | --- |
| Letter Grade | Points | Quality Points |
| A | 95 – 100 | 4.0 |
| A- | 93 – 94 | 3.67 |
| B+ | 91 – 92 | 3.33 |
| B | 84 – 90 | 3.0 |
| B- | 82 – 83 | 2.67 |
|  C+ | 80 – 81 | 2.33 |
| C | 74\* - 79 | 2.0 |
|  |  \*74% is the minimum  | passing grade |
| C- | 72 – 73 | 1.67 |
| D+ | 70 – 71 | 1.33 |
| D | 64 – 69 | 1.0 |
| D- | 62 – 63 | .67 |
| E | 61 or below | 0.0 |

For more information on grades and grading policies, please refer to University’s grading

policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

*Counseling and Mental Health Services*

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTS

HESI. (2017). *Comprehensive review for the NCLEX-RN examination* (5th ed.). St. Louis,

 Missouri: Elsevier.

Lewis, S.L., Bucher, L., Heitkemper, M.M., Harding, M.M., Kwong, J., & Roberts, D. (2017).

 *Medical-Surgical nursing: Assessment and management of clinical problems* (10th ed.).

 St. Louis, Mo: Elsevier.

Silvestri, L.A. (2017). Saunders comprehensive review for the NCLEX-RN examination

 (7th ed.). St. Louis, MO: Saunders.

Townsend, M. C. (2016). *Essentials of psychiatric mental health nursing: Concepts of care in evidence-based practice* (7th ed.). FA Davis.

STUDENT RESPONSIBILITIES:

\* *You are responsible for having the following supplies for this course: At least, either laptop with a privacy screen or a phone (either smart phone or flip phone) is required to participate in the classroom activities throughout the semester*. *Please plan accordingly.* **Top Hat subscription**- <https://tophat.com/> (You will need to enter user code sent by Top Hat). You may have other courses using Top Hat: There is a $24.00 fee per semester NOT per class to purchase the Top Hat app.

WEEKLY CLASS SCHEDULE

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| Week # | Date (module) | Topics Readings & Assignments  |
|  1Topical Outline # N/A | Thursday August 24  | **Course Orientation**  |
|  2Topical Outline # 4 & 8 | Thursday, August 31(module 1) | Mental Health and Illness Townsend: Chapter 1The Recovery Model Townsend: Chapter 11Milieu Therapy Townsend: Chapter 8Relationship Development and Therapeutic Communication Townsend: Chapter 6The Nursing Process Townsend: Chapter 7Intervention in Groups Townsend: Chapter 9Appendix A Townsend: p. 797 |
|  3Topical Outline # 4 & 8 | Thursday, September 9(module 2) | Crisis Intervention Townsend: Chapter 10Suicide Prevention Townsend: Chapter 12Relevant Cultural and Spiritual Concepts Townsend: Chap. 5Substance Use & Addictive Disorders Townsend: Chapter 14Appendix B Townsend: p. 799Appendix F Townsend: p. 832 |
| 4Topical Outline # 4 & 8 | Thursday, September 14(module 3) | Neurocognitive Disorders Townsend: Chapter 13 Schizophrenia Spectrum & Other Psychotic Disorders Townsend: Chap. 15Depressive Disorders Townsend: Chap. 16Townsend: Chapter 14Bipolar and Related Disorders Townsend: Chapter 17 only pp. 419-442 |
| 5Topical Outline # 4 & 8 | Thursday, September 21(module 4) | Anxiety, Obsessive-Compulsive, and Related Disorders Townsend: Chap. 18 only pp. 449-474Trauma-and Stressor-Related Disorders Townsend: Chap.19 only pp. 479-500Gender Dysphoria only Townsend: pp. 552-563Somatic Symptom and Dissociative Disorders Townsend:only pp. 506-527Eating Disorders Townsend: Chapter 22Personality Disorders Townsend: Chapter 23 |
|  |  | **EXAM 1 (weeks 2-5)** |
| 6Topical Outline # 2 | Thursday, September 28(module 5) | **Cancer** Lewis: Chapter 15 |
| 7Topical Outline # 1 | Thursday October 5(module 6) | **Hematologic Problems**Lewis: Chapters 29 & 30 |
|  8Topical Outline # 7 | Thursday, October 12(module 7) | **Coronary Artery Disease and Acute Coronary Syndrome**Lewis: Chapter 33**Dysrhythmias**Lewis: Chapter 35  |
| 9Topical Outline # 7 | Thursday, October 19(module 8) | **Vascular Disorders**Lewis: Chapter 37 |
|  |  | **EXAM 2 (weeks 6 -9)** |
| 10Topical Outline # 6 | Thursday, October 26(module 9) | **Endocrine Problems**  Lewis: Chapters 49  |
|  11Topical Outline # 3 | Thursday, November 2(module 10) | **Liver, Pancreas, and Biliary Tract Problems**Lewis: Chapter 43  |
|  12Topical Outline # 5 | Thursday, November 9(module 11) | **Arthritis and Connective Tissue Diseases** Lewis: Chapter 64 |
| 13Topical Outline # 3 | Thursday, November 16(module 12) | **Lower Gastrointestinal Problems**Lewis: Chapter 42 |
| 14 | Thursday, November, 23 | **THANKSGIVING HOLIDAY – NO CLASSES** |
| 15 | Thursday, November 30 | **EXAM 3 (weeks 10-13)** |
| 16 | **Thursday December 7 READING DAYS** | **NO CLASSES** |
| Finals Week | **Monday, December 11** | **FINAL EXAM (Comprehensive)** |

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| Approved: | Academic Affairs Committee:General Faculty:UF Curriculum Committee: | 09/09; 02/1209/09; 03/1210/09; 04/12 |